

Flip, Flop, Fly

Count: 40

Wall: 2

Level: Easy Improver

Choreographer: Nicole Woodley (NZ) - October 2019

Music: Flip, Flop and Fly by Elis Hall. "Chicken Run" Soundtrack (2000).



Intro: 16 counts in on vocals, Start with weight on R.

[1-8] L Side Close, L Side Close, L Side Drag, Rock Recover.

1 2 Step L to L side, R close next to L
3 4 Step L to L side, R close next to L,
5 6 Step L to L side, drag R next to L,
7 8 Step R foot behind L and rock onto it, recover back onto L foot.

[9-16] Heel Close, Heel Close, Step R ½ Turn, Stomp, Clap.

1 2 R heel dig, R close next to L
3 4 L heel dig, L close next to R,
5 6 Step R fwd, turn ½ over L shoulder (facing 6:00 wall),
7 8 Stomp R next to L, clap hands together.

[17-24] L Side Close, L Side Close, L Side Drag, Rock Recover.

1 2 Step L to L side, R close next to L
3 4 Step L to L side, R close next to L,
5 6 Step L to L side, drag R next to L,
7 8 Step R foot behind L and rock onto it, recover back onto L foot.

[25-32] Heel Close, Heel Close, Step R ½ Turn, Stomp, Clap.

1 2 R heel dig, R close next to L
3 4 L heel dig, L close next to R,
5 6 Step R fwd, turn ½ over L shoulder (facing 12:00 wall),
7 8 Stomp R next to L, clap hands together.

[33-40] R Shuffle Back, L Shuffle Fwd, 2x ¼ Turn Steps, Stomp, Clap 2x.

1&2 Step R back, touch L next to R, step R back,
3&4 Step L fwd, touch R next to L, step L fwd,
5& Step R fwd, L ¼ turn (facing 9:00 wall),
6& Step R fwd, L ¼ turn (facing 6:00 wall),
7&8 Stomp R next to L, clap, clap.

Start dance again facing 6:00 wall.

TAG: Cross Jazz Box.

Facing 6:00 wall after the end of wall 5, complete tag and start wall 6.

1 Cross R over L
2 Step L back
3 Step R to R side
4 Step L next to R.

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