

# 31 Flavors

**Count:** 32

**Wall:** 4

**Level:** High Beginner

**Choreographer:** Val Saari (CAN) - September 2019

**Music:** 31 Flavors - The Shirelles



**Begin on "ice-cream"**

## **TOE-STRUTS FWD, SYNCOPATED OUT-OUT-IN-IN BACK**

- 1&2& Touch RF toes forward, Drop heel, Touch LF toes forward beside R, Drop heel  
&5-6 Hop RF back to right (&), Step LF left (5), clap (6)  
&7-8 Hop RF back to left (&), Step LF together (7), clap (8), (weight on LF)

## **WALK FORWARD R,L,R, KICK L, WALK BACK L,R,L, TOUCH**

- 1-2 Walk forward, RF, LF  
3-4 Walk forward RF, Kick LF forward  
5-6 Step back, LF, RF  
7-8 Step back LF, Touch RF beside L

## **SIDE POINTS (R, L, R 1/4 L, L )**

- 1-2 Point RF to R side, Step RF beside L  
3-4 Point LF to L side, Step LF beside R  
5-6 Point RF to R side 1/4 turn L, Step RF beside L  
7-8 Point LF to L side, Step LF beside R

## **HEEL TWISTS (RL), TWIST ON THE SPOT RLRL**

- 1-2 Twist heels Right, (Optional Clap or Finger Snaps)  
3-4 Twist heels Left, (Optional Clap or Finger Snaps)  
5-8 Bend knees/Twist Heels RLRL

## **OPTIONAL (INTRO): Begin on "Got a baby who"**

### **RUMBA BOX FWD, SIDE TOUCHES RLRL (OPTIONAL SHOULDER SHIMMIES)**

- 1&2& Step RF to right side, Step LF beside RF, Step RF forward, Kick LF  
3&4& Step LF to left side, Step RF beside LF, Step LF back, Kick RF  
5&6& Step RF right, Touch LF beside R, Step LF left, Touch RF beside L  
7&8& Step RF right, Touch LF beside R, Step LF left, Touch RF beside L

**REPEAT - No Tags, No Restarts**

**Email:** [valeriesaari@icloud.com](mailto:valeriesaari@icloud.com) - **Phone:** 1-905-246-5027