

# Fast Hearts & Slow Towns

**COPPER** **KNOB**  
BY STEPHEN

Count: 32

Wall: 4

Level: Easy Intermediate

Choreographer: Linda Burgess (AUS) - August 2019

Music: Fast Hearts and Slow Towns - Midland : (Album: Let it Roll - iTunes. - 3:19)



**Intro: 32 counts - No Restarts. Dance turns anticlockwise direction.**

**{1-8} ROCKING CHAIR, PIVOT ¼ L, CROSS/SHUFFLE**

1,2,3,4            Rock/step fwd R, replace weight to L, rock/step back R, replace weight to L  
5,6,7&8           Step fwd R, pivot ¼ turn L, cross/step R over L, step L to L, cross/step R over L 9.00

**{9-16} SIDE, TOGETHER, SIDE/SHUFFLE, ROCK/BACK, REPLACE, PIVOT ½ L**

1,2,3&4           Step L to L side, step R beside L, step L to L, step R beside L, step L to L  
5,6,7,8           Rock/step back R, replace weight to L, step fwd R, pivot ½ turn L 3.00

**{17-24} FWD, REPLACE, R COASTER OR /TRIPLE FULL TURN, WALK, WALK, PIVOT ¼ R**

1,2,3&4           Rock fwd R, replace weight to L, step back R, step L next to R, step fwd R  
(optional- Rock fwd R, replace weight to L, full turn triple step back over the R , stepping R,L,R)  
5,6,7,8           Step fwd L, step fwd R, step fwd L, pivot ¼ turn R (weight R) 6.00

**{25-32} CROSS, SIDE, SAILOR FWD, PIVOT ½ L, PIVOT ¼ L**

1,2,3&4           Cross/step L over R, step R to R, cross/step L behind R, step R to R, step fwd L  
5,6,7,8           Step fwd R, pivot ½ turn L, step fwd R, pivot ¼ turn L (weight L). 9.00

**Begin Again!**

Linda Burgess

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