

# Nitty Gritty

Count: 64

Wall: 4

Level: Phrased Low Intermediate

Choreographer: Cowboys & Angels Social Class (AUS) - June 2019

Music: Knockin' Boots - Luke Bryan : (Dance starts straight away on Lyrics)



[Sequence: AA AAB AA AAB AA\*\*B]  
(Restart is Wall 12 )

## Part A (32 counts) 4 Wall

### Rock Recover, Behind & Cross, Rock Recover, Cross Point

1,2, Rock R to R side, recover weight to L,  
3&4 Step R behind L & Step L side, Cross R over L  
5,6 Rock L to L side, recover weight to R foot,  
7,8 Cross L over R, Point R to R side

### ½ pivot, Shuffle Fwd, Point Forward, Hold & Together, Point Forward Hold & Together

1,2 Step R forward, ½ pivot turn L transfer weight to L (6:00)  
3&4 Step R forward & Bring L toward R, Step R forward  
5,6& Point L forward, Hold & Step L together,  
7,8& Point R forward, Hold\*\* & Step R together

### Rock Side, Recover, Behind, Side, Cross, Side, Behind, Point Side

1,2 Rock L to L side, Recover weight to R foot  
3,4, Cross L behind R, Step R to R side,  
5,6 Cross L over R, Step R to R side  
7,8 Cross L behind R, Point R to R side

### Double Heel & Switch, Double Heel & Switch & Step Fwd, ¼ Pivot, Kick ball Cross

1,2& Double R Heel Tap Forward & Step R together  
3,4& Double L Heel Tap Forward & Step L together  
5,6 Step R forward, ¼ pivot turn L transfer weight onto L (3:00)  
7&8 Kick R foot to R 45 degree & Step R foot together, Cross L over R

## Part B (32 Counts) 1 Wall (Facing 12:00 every time)

### Shuffle Side, Cross, Together, Buttermilks x 2

1&2 Step R to R side & bring L together, Step R to R side  
3,4 Cross L over R, Step R beside L  
5,6,7,8 Twist both Heels Out, In, Out, In

### ¼ Shuffle, Behind, ¼ step Fwd, Buttermilks x 2

1&2 ¼ turn L Stepping L to L side & bring R together, Step L to L side (9:00)  
3&4 Cross R behind L & Making ¼ turn L Step L forward, Step R forward (6:00)  
5,6,7,8 Twist both heels Out, In, Out, In

### Shuffle Side, Cross, Together, Buttermilks x 2

1&2 Step R to R side & bring L together, Step R to R side  
3,4 Cross L over R, Step R beside L  
5,6,7,8 Twist both Heels Out, In, Out, In

### ¼ Shuffle, Behind, ¼ step Fwd, Buttermilks x 2

1&2 ¼ turn L Stepping L to L side & bring R together, Step L to L side (3:00)  
3&4 Cross R behind L & Making ¼ turn L Step L forward, Step R forward (12:00)  
5,6,7,8 Twist both heels Out, In, Out, In

**\*\*RESTART: Wall 12 Dance to Count 16 in part A. Start the dance again with Rock to R**

This is a dance choreographed for dancers by dancers, it's a bit a fun and we had lots of fun putting it together as a class.

Enjoy it and dance with a smile!

Contact Jamie Robinson - Cowboys & Angels - [jrobinson@live.com.au](mailto:jrobinson@live.com.au)

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