

Rock & Roll Is Here To Stay!

Count: 48

Wall: 4

Level: Improver

Choreographer: Jennie Berry (AUS) - August 2019

Music: Hang Up My Rock 'n' Roll Shoes - The Nashville Allstars : (Album: The Most Rockin Country Collection Ever)



INTRO: 32C

Section 1: CROSS ROCK, SIDE SHUFFLE. CROSS ROCK SIDE SHUFFLE

- 1.2 Cross rock right over left, rock back on left.
- 3&4 Side shuffle to right side, step RLR
- 5.6 Cross rock left over right, rock back on right.
- 7&8 Side shuffle to left side, step LRL 12.00

Section 2: LOCK STEP, SHUFFLE FORWARD. PIVOT ¼ CROSS SHUFFLE

- 1.2.3&4 Step forward on right, lock left behind right. Shuffle forward RLR
- 5.6 Pivot: step left forward, pivot 90 degrees right, take weight onto right. 3.00
- 7&8 Cross shuffle left over right, step LRL

Section 3: SIDE BEHIND SIDE IN FRONT. SIDE ROCK CROSS SHUFFLE

- 1.2 Step right to side, step left behind right,
- 3.4 Step right to side, step left across in front of right.
- 5.6 Side rock onto right, rock onto left
- 7&8 Cross shuffle right across left, step RLR 3.00

Section 4: STEP BACK ½ TURN, SHUFFLE FORWARD. CROSS POINT CROSS POINT

- 1.2 Turn 90 degrees right, step back on left, turn 90 degrees right, step forward on right.
- 3&4 Shuffle forward LRL
- 5.6 Step right across in front of left, point left toe to the side.
- 7.8 Step left across in front right, point right toe to the side. 9.00

Section 5: PADDLE ¼, PADDLE ¼. REGGAE ACROSS

- 1.2 Paddle: Step right forward, turn 90 degrees left take weight onto left.
- 3.4 Paddle: step right forward, turn 90 degrees left take weight onto left.
- 5.6 Reggae: Step right across left, step left back.
- 7.8 Step right to the side step left across in front of right. 3.00

Section 6: FIGURE OF 8 WEAVE

- 1.2 Step right to right side, step left behind right.
- 3.4 Turn 90 deg. right, stepping forward on right step forward on left
- 5.6 Pivot 180 deg. right, stepping forward on right, turn 90 deg. right step left to left side.
- 7.8 Step right behind left, step left to left side. 3.00

[48 B] Begin again

Ending: On the final wall dance to count 20: then paddle 45 paddle left paddle 45 left to face front.

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