

# Open Up

Count: 32

Wall: 4

Level: Beginner

Choreographer: Feargal Keegan (IRE) - July 2019

Music: Open Up - The Saturdays



**Intro: 8 - Tags: No - Restarts: 1**

• **Wall 5: After finishing Section 1, start the dance again.**

**Section 1: R side, together, shuffle forward, L side, together, shuffle back (12:00)**

1, 2            Step R to R side, Step L beside R  
3&4            Shuffle forward RLR  
5, 6            Step L to L side, Step R beside L  
7&8            Shuffle back LRL

**Section 2: R back rock, 1/4 side shuffle, behind-side-cross shuffle (9:00)**

1, 2            Rock R back, recover  
3&4            Side shuffle RLR turning 1/4 over L shoulder (9:00)  
5, 6            Step L behind R, Step R to R side  
7&8            Cross shuffle L over R LRL

**Section 3: R side rock, and side, R cross, 1/4 step, 1/4 shuffle, L cross (3:00)**

1, 2            Rock R to R side, recover  
&3            Step R beside L, Step L to L side  
4, 5            Cross L over R, Step L back turning 1/4 over R shoulder (12:00)  
6&7            Side shuffle RLR turning 1/4 over R shoulder (3:00)  
8            Cross L over R

**Section 4: R side rock, L cross shuffle, Side L, touch and heel and touch (3:00)**

1, 2            Rock R to R side, recover  
3&4            Cross shuffle L over R LRL  
5, 6&          Step L to L side, touch R beside L, step R back  
7&8            Heel L, Step L down, Touch R beside L

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