Tie Me Down

Count: 32

Level: Intermediate

Choreographer: Hiroko Carlsson (AUS) - June 2019

Music: Tie Me Down - Gryffin & Elley Duhé : (iTunes)

(Intro: 16 counts)	
[S1] Side-Behind-1/4R, Side-Behind-1/4L, Side, Behind-1/4R-Fwd-1/2R, Shuffle Fwd	
1&2 &3&4	Step R to right, Step L behind R, Make a ¼ turn right stepping forward on R (3:00) Step L to left, Step R behind L, Make a ¼ turn left stepping forward on L, Step R to right (12:00)
5&6&	Step L behind R, Make a $\frac{1}{4}$ turn right stepping forward on R, Step forward on L, Make a $\frac{1}{2}$ turn right weight ends on L (9:00)
7&8	Shuffle forward R-L-R
[S2] Side-Flick-Side Rock, Behind-1/4L-Fwd, Syncopated Pivots, L Chasse	
1&	Step L to left, Flick R behind left foot
2&	Rock/step R to right, Recover weight on L
3&4	Step R behind L, Make a ¼ turn left stepping forward on L, Step forward on R (6:00)
5&6&	Step forward on L, Make a $\frac{1}{2}$ turn right recover weight on R, Step forward on L, Make a $\frac{1}{2}$ turn right recover weight on R
7&8	L side chasee L-R-L**
[S3] Elvis Knee RL-RR, 2x Sailor Step Back	
1&	Pop R knee in, Recover to the centre
2&	Pop L knee in, Recover to the centre
3&4	Pop R knee in, Recover to the centre, Pop R knee forward in weight ends on L
5&6	Step R behind L, Step R to the side, Step R to the side (travelling backwards)
7&8	Step L behind R, Step R to the side, Step L to the side (travelling backwards)
[S4] Hop Back w/Sweep 1/2L-Back, Hop Back w/Sweep 1/2L-Back, Hop Back w/Sweep into 1/4L Back Rock, Step-Pivot 1/4R-Cross	
12	Hop/step back on R and make a $\frac{1}{2}$ turn left sweeping L around R, Step back on L (12:00)
34	Hop/step back on R and make a ½ turn left sweeping L around R, Step back on L (6:00)
5 6&	Hop/step back on R and make a ¼ turn left sweeping L around R, Step back on L, Recover/step forward on R (3:00)

7&8 Step forward on L, Make a 1/4 turn right recover weight on R, Cross L over R (6:00)

Restart on Wall 2 Count 16** (12:00) and Wall 6 Count 16** (12:00)

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com) (updated: 30/May/19)





Wall: 2