

Outta Town

COPPER **NOB**
BY FRIDA GREEN

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Malene Jakobsen (DK) - May 2019

Music: Beat 'Em Up - Frida Green : (Single - iTunes)



Intro: 4 counts, 3 seconds into track, dance begins with weight on L

Tags: There's 2 tags – after wall 3 facing 6.00 and wall 5 facing 12.00

Restarts: There's 2 restarts – on wall 2 after 12 counts and on wall 6 after 20 counts

[1-8] Side, cross rock, 1/4, fwd. rock, 1/2, 1/4, cross, side touch, side touch

a1-2 (a) Step R to R, (1) rock L across R, (2) recover onto R 12.00

a3-4 (a) Turn 1/4 L stepping fwd. on L, (3) rock fwd. on R, (4) recover onto L 9.00

a5 (a) Turn 1/2 R stepping fwd. on R, (5) step fwd. on L 3.00

a6 (a) Turn 1/4 R, (6) cross L over R 6.00

a7a8 (a) Step R to R, (7) touch L toes next to R, (a) step L to L, (8) touch R toes next to L 6.00

[9-17] Back, back rock, 1/2, back with sweep, behind side, cross hitch, back, side, cross hitch, back, side, point across

a1-2 (a) Step slightly back on R, (1) rock back on L, (2) recover onto R 6.00

a3 (a) Turn 1/2 R stepping back on L, (3) step back on R sweeping L from front to back 12.00

4 (4) Cross L behind R, 12.00

NOTE: Restart here on wall 2 facing 9.00

a5 (a) step R to R, (5) cross L over R hitching R diagonally R

6a7 (6) Step back on R, (a) step L to L, (7) cross R over L hitching L diagonally L 12.00

8a1 (8) Step back on L, (a) step R to R, (1) point L across R 12.00

[18-25] Side, point across, side, cross with sweep, cross, 1/8, back, back, 1/8, cross, point, cross

a2 (a) Step L to L, (2) point R across L, 12.00

a3 (a) step R to R, (3) cross L over R sweeping R from back to front 12.00

NOTE: Restart here on wall 6 but don't sweep - HOLD on count 4 instead of sweeping – facing 12.00

4a5 (4) Cross R over L, (a) turn 1/8 R stepping back on, (5) step back on R 1.30

a6 (a) Step back on L, (6) turn 1/8 R stepping R to R 3.00

a7-8 (a) Cross L over R, (7) point R to R, (8) cross R over L 3.00

[26-32] Side, back rock, side, back rock, 1/4, 1/4, recover, ball, side, touch

a1-2 (a) Step L to L, (1) rock back on R, (2) recover onto L 3.00

a3-4 (a) Step R to R, (3) rock back on L, (4) recover onto R 3.00

a5-6 (a) Turn 1/4 R stepping back on L, (5) turn 1/4 rocking R to R, (6) recover onto L 9.00

a7-8 (a) Step R next to L, (7) step L to L, (8) touch R next to R 9.00

TAG: Sways

1-2-3-4 Sway R, L, R, L

Ending: On wall 8 (begins facing 9.00) Just dance the first 5 counts in section 1 and finish at 12.00

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