

# Simply Whole Again

**COPPER KNOB**  
BYEPOSTHEAT

**Count:** 32

**Wall:** 4

**Level:** Absolute Beginner

**Choreographer:** Susie G (UK) - May 2019

**Music:** Whole Again - Atomic Kitten



**Intro: 16 counts, start on vocal**

**Count throughout is: 1 2 3 & 4 , 5 6 7 & 8**

**S1: ROCK R, RECOVER. BEHIND, SIDE, CROSS. ROCK L, RECOVER. BEHIND, SIDE, CROSS**

1-2 Rock to R on R, recover  
3&4 Cross R behind L, step to L on L, cross R over L  
5-6 Rock to L on L, recover  
7&8 Cross L behind R, step to R on R, cross L over R

**S2: PT R FWD, SIDE. BEHIND, SIDE, CLOSE. PT L FWD, SIDE. BEHIND, SIDE, CLOSE**

1-2 Point R toe fwd, point R toe to R side  
3&4 Cross R behind L, step to L on L, close R beside L  
5-6 Point L toe fwd, point L toe to L side  
7&8 Cross L behind R, step to R on R, close L beside R

**S3: GRAPEVINE INTO CHASSE ¼ TURN R. CROSS, BACK. CHASSE TO L**

1-2 Step to R on R, cross L behind R  
3&4 Step to R on R with ¼ turn R, close L beside R, step to R on R (3 o'clock)  
5-6 Cross L over R, step back on R  
7&8 Step to L on L, close R beside L, step to L on L

**S4: PT R FWD, TOUCH R BESIDE, SHUFFLE FWD. PT L FWD, TOUCH L BESIDE, SHUFFLE FWD**

1-2 Point R toe fwd, touch R toe beside L foot  
3&4 Step fwd on R, close L beside R, step fwd on R  
5-6 Point L toe fwd, touch L toe beside R foot  
7&8 Step fwd on L, close R beside L, step fwd on L

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