# Nowhere Left To Run



Count: 32 Wall: 4 Level: Improver

Choreographer: Emma Amir (UK) & Tina - March 2019

Music: Nowhere Left To Run - Gary Leonard



## Music Available for download at garyleonard.co.uk

#### Start on vocals

## Rocking chair, shuffle right, Rocking chair, shuffle left

1&2&	RF rock forward, recover on LF, RF rock back, recover on LF
3&4	step RF forward, step LF beside right, step RF forward
5&6&	LF rock forward, recover on RF, LF rock back, recover on RF
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7&8 step LF forward, step RF beside left, step LF forward

## Point switches R L R Hitch cross, step lock step left ½ turn, step lock step right ½ turn

1&2&	Point RF to right side, step onto RF, point LF to left side, step onto left
3&4	point RF to right side, hitch right, step right down across LF
5&6	step LF across RF ¼ turn right, lock RF behind LF, step left ¼ turn right
7&8	sten RF 1/2 turn right, lock LF behind RF, sten right 1/2 turn right

# Left jazz box 1/4 turn left, step back right left, kick ball change

1-2	cross LF over RF, step back on RF
3-4	step LF 1/4 turn left, touch RF beside LF
5-6	step back on RF, step back on LF

7&8 kick RF forward, step RF beside LF, step LF beside RF

#### Shuffle right, step half turn, shuffle left, step half turn

1&2	step RF forward, step LF beside RF, step RF forward
3-4	step LF forward, pivot ½ turn stepping onto RF
5&6	step LF forward, step RF beside LF, step LF forward
7-8	step RF forward, pivot ½ turn stepping onto LF

## Start again

# No Tags No Restarts ENJOY!!!!

Note: to make the dance slightly easier you can replace the turning step lock steps (second section steps 5-8) for two step lock steps going forwards.