

My Little Throwback

Count: 32

Wall: 4

Level: High Improver

Choreographer: Jeff Sollinger (DE) - March 2019

Music: Throwback - Homegrown Band : (iTunes, amazon)



Intro: Start with the Tag after 16 counts

S1: Cross, Point, Cross Point, Rock Step, Shuffle ½ Turn

- 1-2 Cross RF over LF, touch LF to the L
- 3-4 Cross LF over RF, touch RF to the R
- 5-6 Rock RF forward, recover back LF
- 7&8 Make ½ turn R stepping forward RF, step LF next to RF, step forward RF

S2: Rock Step, Coaster ¼ Turn, Step-Pivot ½ Turn x 2

- 1-2 Rock LF forward, recover back RF
- 3&4 Turn ¼ L and step LF back, step RF together, step LF fwd
- 5-6 Step RF forward, pivot ½ turn L
- 7-8 Step RF forward, pivot ½ turn L

(Option: Rocking Chair instead of Step-Pivot ½ Turn x 2)

Restart here in walls 2 and 10

S3: Grapevine Turn ¼, Step ½, Turn ¼, Behind, Turn ¼ (Figure 8)

- 1-2 Step RF to R side, cross LF behind RF
- 3-4 Turn ¼ R and step RF forward, step LF forward
- 5-6 T Turn ½ R (weight to right), turn ¼ R and step LF to side
- 7-8 Cross RF behind LF, turn ¼ L and step LF forward

S4: Chasse Right, Rock Recover, Turn ¾ Right, Left Shuffle

- 1&2 Step RF to the R, step LF next to RF, step RF to the R,
- 3-4 Cross rock LF behind, RF, recover weight RF
- 5-6 Turn ¼ R and step LF back, turn ½ R and step RF forward
- 7-8 Step LF forward, step RF together, step LF forward

Tag here at the end of wall 5

TAG: During the Intro and at the end of wall 5

T1: Jazz Box with Cross, Side, Touch, Side, Touch

- 1-2 Cross RF over LF, step back LF
- 3-4 Step RF next to LF, cross LF over RF
- 5-6 Step RF to the R, touch LF next to RF
- 7-8 Step LF to the L, touch RF next to LF

T2: Chasse Right, Cross, Full Turn, Chasse Left, Rock Back

- 1&2 Step RF to the R, step LF next to RF, step RF to the R
- 3-4 Cross LF over RF, unwind full turn to the R

(Option: Cross rock LF back/recover vs cross/unwind)

- 5&6 Step LF to the L, step RF next to LF, step LF to the L
- 7-8 Cross rock RF behind, LF, recover weight LF

Ending: Step, Point

- 1-2 Step forward RF and point LF to the L.

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