En Sista Gång (One last time)



Count: 32 Wall: 4 Level: Easy Intermediate

Choreographer: Cecilia Friberg (SWE) - March 2019

Music: En sista gång - Albin Johnsén



Start on vocals

| CDOSS THOM 1/4 LEET | KICK BALL STED | CDOSS KNEEL | FI EVATE WITH HIP SWAYS |
|---------------------|------------------|--------------|--------------------------|
| CRUSS LURIN 22 LEFT | . NIUN DALL STEE | CRUSS NIJERI | . FLEVATE WITH HIE SWATS |

| 1-2 | Cross | right | over | اما ا | turn | 1/2 lef | t |
|-----|-------|-------|------|------------------|-------|---------|---|
| 1-2 | U1033 | HUHL | OVEI | ICIL. | tuili | /2 ICI | ι |

3&4 Kick right forward, step right together, step left forward

5-6 Cross right over left, kneel lightly

7&8 Sway hips right, left, right while elevating back up

STEP, TOUCH, SIDE CHASSÉ, TURN ¼ RIGHT, TURN ¼ RIGHT, FULL TRIPLE TURN RIGHT

| 1-2 | Sten | right to | riaht | side | touch | eft ne | ot tx | riaht |
|-----|------|----------|-------|-------|--------|--------|-------|-------|
| 1-4 | OLED | HUHIL LO | HIMIT | SIUC. | LOUGII | | ラヘにしい | HALL |

Step left to left side, step right next to left, step left to left side 5-6 Turn ¼ and step right to side, turn ¼ and step left to side

7&8 Make a full turn stepping right behind left, left forward, right next to left

HALF JAZZ BOX, SAILOR TURN 1/4 LEFT, STEP, STEP, OUT, OUT

| 1-2 | Step | left | over | riaht | sten | riaht | hack |
|-----|------|------|-------|--------|------|-------|------|
| 1-4 | O(C) | ıcıı | 0,001 | HIGHT, | SICD | HIGHL | Dack |

3&4 Turn ¼ left and step left to side, step right back, step left forward

5-6 Walk right forward, left forward

7-8 Step right diagonally forward, step left diagonally forward

SHOULDER PUSH BACKS, 1/2 SHUFFLE TURN, WALK, WALK, KICK BALL STEP

1-2 Push right shoulder back, push left shoulder back

3&4 Turn ½ left and step left to left side, right next to left, left forward

5-6 Step right forward, step left forward

7&8 Kick right forward, step right together, step left forward

TAGS / RESTARTS:-

On wall 6, start after count 16: Turn 1/2 right and walk, walk, kick ball step + RESTART

After wall 9, rock right forward, recover on left, rock right back, recover on left (rocking chair) on 4 counts before Restarting.