

Woman of the World

Count: 48

Wall: 4

Level: Phrased Intermediate

Choreographer: Nathan Gardiner (SCO) & Stephen & Lesley McKenna (SCO) - February 2019

Music: Woman of the World - Amy Macdonald : (Album: Woman of the World the best of 2007-2018)



Intro:- 8 Counts

Sequence:- AABAA, TAG, AABAA, TAG, B, TAG, A until music ends (front wall finish)

PART A: 32 counts

Section A1: R Jazz box, 1/4 L, 1/2 L, sweep, low hook

- 1-2-3-4 Cross R over L, step back L, step R to R side, cross L over R
- 5-6 Make 1/4 L stepping back R, make 1/2 L stepping forward L
- 7-8 Sweep R back to front, slightly raise R hooking over L

Section A2: R Step lock step, L point, cross, point, 1/4 R, L point

- 1-2-3-4 Step forward R, lock L behind R, step forward R, point L toe to L side
- 5-6 Cross L over R, point R toe to R side
- 7-8 Make 1/4 R stepping forward R, point L toe to L side

Section A3: L cross, R side rock, rec, R cross shuffle, L low kick, L cross shuffle

- 1-2-3 Cross L over R, rock R to R side, recover L
- 4&5 Cross R over L, step L small step to L side, cross R over L
- 6 Low kick L to L diagonal
- 7&8 Cross L over R, step R small step to R side, cross L over R

Section A4: R side, tap, 1/4 R, kick, walk back R L, rock back (sit down), rec (up)

- 1-2 Step R to R side, tap L toe behind R
- 3-4 Make 1/4 R stepping back L, low kick R forward
- 5-6 Walk back R, walk back L
- 7-8 Rock back R (sitting position), recover forward L (up)

Dance part A on Walls:- 1, 2, 4, 5, 6, 7, 9, 10, 12 until music ends (Finish on front)

PART B: 16 counts

Section B1: R step, weave R, behind, side, step forward R L, R rock, rec, 1/2R, together

- 1 Step forward R as you sweep L back to front
- 2&3 Cross L over R, step R to R side, step L behind R as you sweep R front to back
- 4& Step R behind L, step L to L side,
- 5-6 Step forward R sweeping L back to front, step forward L sweeping R back to front
- 7& Rock forward R, recover L
- 8& Make 1/2 R stepping R, step L next to R

Section B2: R step, weave R, behind, side, step forward R L, R rock, rec, rock back (sit) rec (up)

- 1 Step forward R as you sweep L back to front
- 2&3 Cross L over R, step R to R side, step L behind R as you sweep R front to back
- 4& Step R behind L, step L to L side
- 5-6 Step forward R sweeping L back to front, step forward L sweeping R back to front
- 7& Rock forward R, recover L
- 8& Rock back R (sitting position), recover L (up)

Dance part B on walls :- 3, 8, 11

TAG:- 8 count tag danced at the end of wall 5, 10 & 11

1-2 Step forward R, sweep L back to front
3-4 Step forward L, sweep R back to front
5-6 Rock forward R, recover L
7-8 Rock back R (sit), recover L (up)

Enjoy!

CONTACT US:-

nathan.gardiner1998@hotmail.co.uk

stephen-edward-mckenna@sky.com

FIND US ON FACEBOOK
