

# Shake Shake

**COPPER** **KNOB**  
BY STEPHENETS

**Count:** 32

**Wall:** 4

**Level:** High Improver

**Choreographer:** Ann-Kristin Sandberg (NOR) & Tom Inge Soenju (NOR) - February 2019

**Music:** Shake Shake - Nessi : (iTunes, Google Play and Amazon)



**Intro:** 16 counts

**Sequence:** Repeating sequence.

**Tag/Restart:** Restart after 16 counts on wall 3 and no tags.

**End:** Dance as normal till music ends

## **SECTION 1: OUT-OUT, COASTER STEP, STEP-½ R PIVOT, STEP-LOCK-STEP**

- 1-2 Step RF fwd to R diag, Step LF fwd to L diag  
3&4 Step RF back, Step LF next to RF, Step RF fwd  
5-6 Step LF fwd, ½ R turn (weight on RF) (F06:00)  
7&8 Step LF fwd, Lock RF behind LF, Step LF fwd (Optional: Put arms up (7), Put arms down (&), Put Arms up (8))

## **SECTION 2: FWD SKATING, KICK-COASTER STEP, STEP-¼ L PIVOT, HEEL OUT-OUT, IN-IN**

- 1&2 Skate fwd R, L, R (small steps like you shake from side to side)  
3&4& Kick LF fwd, Step back on LF, Step RF next to LF, Step LF fwd  
5-6 Step RF fwd, ¼ L turn (weight on LF) (F03:00)  
7&8& Step R heel fwd to right diag, Step L heel fwd to left diag, Step RF back, Step LF next to RF  
(Restart here on wall 3)

## **SECTION 1: STEP-KICK-BACK, BACK ROCK-RECOVER, SIDE-TOGETHER-SIDE-TOUCH, POINT-TOUCH-KICK-BALL**

- 1-2 Step RF fwd, Kick LF fwd  
3-4& Step LF back, Step RF back, Recover weight onto LF  
5&6& Step RF to R side, Step LF next to RF, Step RF to R side, Touch LF next to RF  
7&8& Point LF to L side, Touch LF next to R, Kick LF fwd, Step back on ball of LF

## **SECTION 2: STEP-½ L PIVOT X2, ½ R TURN TOE-STRUT JAZZ BOX**

- 1-2 Step RF fwd, Half L turn (weight on LF) (F09:00)  
3-4 Step RF fwd, Half L turn (weight on LF) (F03:00)  
5&6& Cross R toe over LF, Step R heel down, 1/8 R turn and touch L toe back, Step L heel down (F04:30)  
7&8& ¼ R turn and touch R toe fwd, Step R heel down, 1/8 R turn and touch L toe fwd, Step L heel down (F09:00)

**Start again and enjoy! Happy Dancing!**

**Contact:** If anything is unclear or if you would like additional information, please contact us:

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