

# Rhythm of My Heart

**COPPER KNOB**  
STEPSHEETS

**Count:** 32

**Wall:** 2

**Level:** Upper Beginner

**Choreographer:** Diana Bishop (AUS) - February 2019

**Music:** Rhythm of My Heart - Rod Stewart



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## **TAP, TAP, TRIPLE STEP ON SPOT**

1.2.3&4 Tap R Toe To R Side X 2 - Step R,L,R In Place

## **TAP, TAP, TRIPLE STEP ON SPOT**

5.6.7&8 Tap L Toe To L Side X 2 - Step L,R,L In Place

## **FWD, BACK, SHUFFLE BACK,**

1.2.3&4 Step Fwd R, Back On L, Shuffle Back On R,L,R

## **BACK, FWD, SHUFFLE FWD**

5.6.7&8 Back On L, Fwd On R, Shuffle Fwd On L,R,L

## **½ PIVOT L, STEP, SHUFFLE**

1.2.3&4 Step R Fwd Turn ½ L, Step L Fwd, Shuffle Fwd On R,L,R

## **WALK, WALK, SHUFFLE**

5.6.7&8 Step L Fwd, Step R Fwd, Shuffle Fwd On L,R,L

## **ROCK R TO L, CROSS SHUFFLE**

1.2.3&4 Rock To R On R, Recover On L, Cross Shuffle To L On R,L,R

## **ROCK L TO R, CROSS SHUFFLE**

5.6.7&8 Rock To L On L, Recover On R, Cross Shufflr To R On L,R,L

## **HIP SWAYS**

1-4 Step R To R, Sway Hip To R, Then, L,R,L

## **DOUBLE HIPS TO R, DOUBLE HIPS TO L**

5-8 2 Hip Bumps To R, 2 Hip Bumps To L

## **[32] COUNTS**

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