

# I'ma TREAT MYSELF!!!

**COPPER KNOB**  
STEPSHEETS

**Count:** 32

**Wall:** 2

**Level:** High Beginner

**Choreographer:** Val Saari (CAN) - January 2019

**Music:** TREAT MYSELF - Meghan Trainor



## SHUFFLE DIAGONALLY FWD X 2, (RL)

- 1-2 Step RF diagonally right (2:00), Step LF beside R
- 3&4 Shuffle forward RLR (2:00)
- 5-6 Step LF diagonally forward left (10:00), Step RF beside L
- 7&8 Shuffle forward LRL (10:00)

## V-STEP, SHUFFLE BACK RLR, LRL PIVOT 1/2 L

- 1-2 Step RF diagonally forward (1:00), Step LF diagonally forward (11:00)
- 3-4 Step RF back to centre, Step LF together
- 5&6 Shuffle back RLR
- 7&8 Shuffle back LRL Pivot 1/2 L

## RF STOMP, KICK, MAMBO BACK, LF STOMP, KICK, MAMBO BACK

- 1-2 Stomp RF down, kick RF forward
- 3&4 Rock RF back, Recover LF, Step RF beside left
- 5-6 Stomp LF down, kick LF forward
- 7&8 Rock LF back, Recover RF, Step LF beside R

## R SIDE MAMBO (CHA CHA CHA), L SIDE MAMBO, KICK R

- 1-2 RF Rock side right, LF recover
- 3&4 Step RF beside Left, Step LF in place, Step RF in place (cha, cha, cha)
- 5-6 LF Rock side left, RF recover
- 7-8 Step LF beside Right, Kick RF forward

**REPEAT - No Tags, No Restarts**

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