

# Full Time Woman

**COPPER** **KNOB**  
BY STEPSHEETS

Count: 32

Wall: 4

Level: Improver

Choreographer: Frank Heelan (IRE) - January 2019

Music: More Where That Came From - Cliona Hagan



**Intro: 16 Counts**

**Restarts 2: --**

**First Restart on wall 3 dance first 24 counts and Restart facing 6.00.**

**Second Restart on wall 6 dance first 24 counts and Restart facing 12.00.**

**Sec 1: Cross rock, side rock, back rock, side, coaster step, turn, turn.**

- 1&2& Cross rock right over left, recover to left, rock right to right, recover to left.  
3&4 Rock right behind, recover to left, step right to right.  
5&6 Step back left, right together, forward left.  
7-8 Pivot ½ right (Weight to right) turn ½ right stepping back on left. (12.00)

**Sec 2: Sailor step, behind turn step, step turn step, ball step, step.**

- 1&2 Sweeping right behind left, recover to left, step right to right.  
3&4 Step left behind, turn ¼ right stepping forward right, forward left. (3.00)  
5&6 Step forward right pivot ½ left stepping on left, forward right.  
&7-8 Step on ball of left, step forward ,right , left.

**Sec 3: Mambo step, back, back, back, coaster step, step turn cross.**

- 1&2 Rock forward on right, recover to left, step right next to left.  
3&4 Run back, left, right, left.  
5&6 Step back on right, left together, forward right.  
7&8 Step forward on left, pivot ¼ right, cross left over right.(12.00)

**Sec 4: Chasse right, sailor ¼ left, shuffle ½ turn, shuffle ½ turn.**

- 1&2 Step right to right, left together, right to right  
3&4 Sweeping left around behind right turning ¼ left, step right to right, recover to left.  
5&6 Turn ¼ left, step right to side, left together, turn ¼ left, step back right.  
7&8 Turn ¼ left, step left to side, right together, turn ¼ left step forward left. (9.00)

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