

# Life is a ROLLERCOASTER!

**COPPER** **KNOB**  
BY STEPHEN

**Count:** 32

**Wall:** 4

**Level:** Improver

**Choreographer:** Val Saari (CAN) - January 2019

**Music:** Life Is a Rollercoaster - Ronan Keating



## **SIDE STRUT, CROSS STRUT, R SIDE MAMBO (CHA CHA CHA)**

- 1-2 Step RF toes to R side, Drop heel down
- 3-4 Cross LF toes over RF, Drop left heel down
- 5-6 RF Rock side right, LF recover
- 7&8 Step RF beside Left, Step LF in place, Step RF in place (cha, cha, cha)

## **SIDE STRUT, CROSS STRUT, L SIDE MAMBO (CHA CHA CHA)**

- 1-2 Step LF toes to L side, Drop heel down
- 3-4 Cross RF toes over LF, Drop left heel down
- 5-6 LF Rock side left, RF recover
- 7&8 Step LF beside Right, Step RF in place, Step LF in place (cha, cha, cha)

## **RF SHUFFLE FWD, PIVOT 1/2 R, LF SHUFFLE FWD, PIVOT 1/4 L**

- 1&2 Step RF forward, Step LF beside R, Step RF forward
- 3-4 Step LF forward, Pivot 1/2 R
- 5&6 Step LF forward, Step RF beside L, Step LF Forward
- 7-8 Step RF forward, Pivot 1/4 L

## **RF ROCKING CHAIR, STEP-TOUCHES R,L**

- 1-4 Rock RF forward, Recover Left, Rock RF back, Recover Left
- 5-8 Step RF right, Touch LF beside R, Step LF left, Touch RF beside L

**REPEAT - No Tags, No Restarts**

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