

# All For You

**COPPER** **KNOB**  
BY FEARGAL KEEGAN

**Count:** 32

**Wall:** 4

**Level:** Improver

**Choreographer:** Feargal Keegan (IRE) - November 2018

**Music:** All for You - Years & Years



**Intro: 16 counts**

**Tags: No –**

**Restarts: 1**

**\*Wall 4: Finish section 2:**

**\*7&8 Cross R over L, step L to L side, cross R over L**

**\*& Step L to L side**

**\*Start dance again**

**Section 1: R side rock, R cross shuffle, L step-3/4-side, R behind-side-cross (9:00)**

1, 2            Rock R to R side, recover  
3&4            Cross R over L, step L to L side, cross R over L  
5&6            Step L forward, Turn 1/2 over R shoulder stepping R forward, Turn 1/4 over R shoulder  
                 stepping L to L side  
7&8            Step R behind L, Step L to L side, Cross R over L

**Section 2: Side L, R sailor-heel and cross, Step R turn, Step L turn, R cross shuffle (3:00)**

1            Step L to L side  
2&3            Step R behind L, step L in place, heel R  
&4            Step R down, cross L over R  
5, 6            Turn 1/4 over L shoulder stepping R back, turn 1/4 over L shoulder stepping L to side  
7&8            Cross R over L, step L to L side, cross R over L

**Section 3: Side L, R cross-rock-side, L cross rock-side rock-cross, R side rock-cross (3:00)**

1            Step L to L side  
2&3            Cross rock R over L, recover, step R to R side  
4&5            Cross rock L over R, recover, rock L to L side  
&6            Recover, Cross L over R  
7&8            Rock R to R side, recover, cross R over L

**Section 4: Jump out, hips, Jump back, hips, R sailor, L sailor (3:00)**

&1            Jump forward LR  
2            Hips  
&3            Jump back LR  
4            Hips  
5&6            Step R behind L, step L in place, step R to R side  
7&8            Step L behind R, step R in place, step L to L side

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