

# I Love This Life

**COPPER** **KNOB**  
BY PEACE TRAIN

Count: 32

Wall: 4

Level: High Beginner

Choreographer: Michelle Risley (UK) - November 2018

Music: I Love This Life - LOCASH : (Amazon & iTunes)



**\*Restart wall 4, after count 16 (3oc), restart dance facing 3oc**

**\*6 count Tag on wall 9, after count 16 (3oc), make 3 x paddle turns (step on the right, ¼ turn Left), end tag facing the back wall and restart dance from count 1**

## **Step Heel Swivel, Coaster Step – Right & Left**

- 1&2 Step Forward Right, Swivel Right Heel Right, Bring Heel Centre  
3&4 Step Back Right, Step Left Next To Right, Step Forward Right  
5&6 Step Forward Left, Swivel Left Heel Left, Bring Heel Centre  
7&8 Step Back Slightly On Left, Step Right Next To Left, Step Forward On Left

**Styling: On The Swivels Lean Into The Step, Knee Slightly Bent And Push Into The Swivel With The Ball Of Your Foot, Like You Are Squishing A Bug! ☐**

## **R Rock Forward, ½ Turning Shuffle, Step Forward, ½ Pivot Turn Right, Shuffle**

- 1-2 Rock Forward On Right, Recover Weight To Left  
3&4 ½ Turn Right, Step Forward Right, Together Left, Step Forward On Right (6oc)  
5-6 Step Forward Left, Pivot ½ Turn Right (12oc)  
7&8 Step Forward Left, Right Together, Step Left Forward (Alt: Full Turn Right Shoulder)

**\*Restart Point – Wall 4 (3oc)**

**\*\*Tag Point – Wall 9 (3oc) 3 X ¼ Paddle Turns Over Left Shoulder, Restart At 6o/C**

## **Side Rock, Cross Shuffle, Weave – Side, Behind, & Cross, & Behind**

- 1-2 Side Rock Right Side, Recover Left  
3&4 Cross Right Over Left, Left To Side, Cross Right Over Left  
5-6& Left To Left Side, Right Behind, & Left To Side,  
7&8 Cross Right Over Left, & Step Left To Left, Step Right Behind Left (12oc)

## **Side Rock, Cross Shuffle, ¼ Rolling Turn Left**

- 1-2 Side Rock Left Side, Recover Right  
3&4 Cross Left Over Right, Right To Side, Cross Left Over Right  
5-6 ¼ Turn Left Step Back On Right (9oc), ½ Turn Left Step Forward Left (3oc)  
7-8 Step Forward Right, Pivot ½ Turn Left (9oc)

**Ending: Make ¼ Left Rather Than ½ Pivot On Count 31-32, Cross Right Over Left.. Ta Da!**

**Smile, Keep Your Feet Happy! & Love This Life!!**

**Michelle Xx**

**Contact: michellerisley@hotmail.co.uk / www.peace-train.co.uk  
come & Say Hello!!**