

Dose

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Line Dance HOLIC (KOR) - November 2018

Music: Dose - Ciara



*1 Tag, 1 Restart

(SEC.1) STEP, BRUSH, SCISSOR CROSS, APPLE JACKS, HITCH

- 1,2,3&4 Setp R forward, Brush L next to R, Step L left, Close R to L, Cross L over R
- 5& Step R to right, Swivel L toes to left and Swivel R heel to left
- 6& Swivel back to center, Swivel L heel to right and Swivel R toes to right
- 7& Swivel back to center, Swivel L toes to left and Swivel R heel to left
- 8& Swivel back to center, Hitch L squaring body up to left diagonal (10:30)

** Easy Option **

- 5& Stomp R right, Swivel R heel to left
- 6& Swivel back to center, Swivel L heel to right
- 7& Swivel back to center, Swivel R heel to left
- 8& Swivel back to center, Hitch L squaring body up to left diagonal (10:30)

(SEC.2) ROCK BACK/RECOVER, STEP, BODY ROLL, SAILOR, PIVOT, STOMP

- 1&2 Rock L back, Recover on R, Step L back
- 3,4 Step R back and Body roll
- 5&6 1/8 Left stepping L behind R, Step R right, Step L forward (9:00)
- 7 1/2 Pivot right taking weight onto R (3:00)
- 8 1/2 Turn right on R and Stomp L next to R (9:00)

*** Restart *** On Wall 5 (9:00)

(SEC.3) POINT, TOGETHER, POINT, CROSS, UNWIND, KICK BALL TOUCH, SIDE, TOUCH

- 1&2 Point R right, Step R next to L, Point L left
- 3,4 Cross L over R, 1/2 Unwind right taking weight on L (3:00)
- 5&6 Kick R right diagonal, Step down R, Touch L behind R with swivel R heel to left
- 7,8 Step L left, Touch R behind L

(SEC.4) ROLLING TURN, DRAG, COASTER, KNEE POPS

- 1,2 1/4 Turn right stepping R forward (6:00), 1/2 Turn right stepping L back (12:00)
- 3,4 1/4 Turn right stepping R right (3:00) and Dragging L toward R, Finish drag (weight on R)
- 5&6 Step L back, Step R next to L, Step L forward
- 7,8 Step R forward and Pop L knee, Step L forward and Pop R knee

(TAG) After Wall 9 (9:00)

WALK, APPLE JACKS

- 1,2,3,4 Walk R,L,R,L on a half circle counterclockwise (3:00)
- 5& Step R to right, Swivel L toes to left and Swivel R heel to left
- 6& Swivel back to center, Swivel L heel to right and Swivel R toes to right
- 7& Swivel back to center, Swivel L toes to left and Swivel R heel to left
- 8& Swivel back to center, Switch weight on L

** Easy Option **

- 5& Stomp R right, Swivel R heel to left
- 6& Swivel back to center, Swivel L heel to right
- 7& Swivel back to center, Swivel R heel to left
- 8& Swivel back to center, Switch weight on L

HAVE FUN!!

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