

Long Way Down

Count: 64

Wall: 4

Level: Intermediate

Choreographer: D&D - October 2018

Music: Long Way Down - Sara Evans



STEP LOCK STEP, SCUFF, STEP TOUCH (2X)

1. RF Step forward
2. lock LF behind RF
3. RF Step forward
4. LF Scuff forward
5. LF step left
6. RF touch beside LF
7. RF step right
8. LF touch beside RF

VINE ¼ L HOLD, PIVOT ½ L, STEP, HOLD

1. LF step left
2. RF step behind LF
3. LF step ¼ forward
4. Hold
5. RF step forward
6. LF and RF turn ½ left
7. RF step forward
8. Hold

SHUFFLE, HOLD KICK BALL CROSS, HOLD

1. LF step forward
2. RF beside LF
3. LF step forward
4. Hold
5. RF kick forward
6. RF step beside LF
7. LF cross over RF
8. Hold

ROLLING VINE ¼ R, HOLD, PIVOT ¼ R CROSS, HOLD

1. RF step ¼ forward
2. LF step ½ a side
3. RF step ½ forward
4. Hold
5. LF step forward
6. Turn ¼ right
7. LF cross over RF
8. Hold

SCISSOR STEP, HOLD (2X)

1. RF step beside
2. LF step next to RF
3. RF cross over LF
4. Hold
5. LF step beside
6. RF step next to LF

7. LF cross over RF
8. Hold

MAMBO STEP, HOLD, COASTER STEP, HOLD

1. RF mambo forward
2. LF step back
3. RF step behind
4. Hold
5. LF step behind
6. RF step next to LF
7. LF step forward
8. Hold

STEP TOUCH, STEP, KICK, TURN SHUFFLE ½, HOLD

1. RF step forward
2. LF touch behind RF
3. LF step behind
4. RF kick forward
5. RF step ¼ right
6. LF step beside RF
7. RF step ¼ forward
8. Hold

CROSS MAMBO, HOLD, BACK ROCK, STOMP, HOLD

1. LF cross over RF (with jump)
2. RF step back
3. LF step beside RF
4. Hold
5. RF rock behind (with jump)
6. LF step back
7. RF stomp beside LF
8. Hold

Start again

Tag 1: (After wall 1)

Step, touch, side, touch, side rock cross, hold

1. RF step right
2. LF touch beside RF
3. LF touch left
4. LF touch beside RF
5. LF rock left
6. RF step back
7. LF cross over RF
8. Hold

Tag 2: (Wall 3 after count 24, wall 6 after count 24)

Full turn, step, jump rock

1. RF step ¼ forward
2. LF step ¼ right
3. RF step ½ right
4. LF step beside RF
5. LF step left
- &. RF rock behind (with jump)
6. LF step back

Restart wall 4 after count 24

Tag 3: (Wall 8 after count 56)

Full turn (2X), step, jump rock

1. RF step $\frac{1}{4}$ forward right
2. LF step $\frac{1}{4}$ right
3. RF step $\frac{1}{2}$ right
4. LF step beside RF
5. LF step $\frac{1}{4}$ forward left
6. RF step $\frac{1}{4}$ left
7. LF step $\frac{1}{2}$ left
8. RF step beside LF

1. LF step beside
2. Hold
3. RF rock behind (with jump)
- &. LF step back

Contact: lindsyforre@gmail.com
