

Rest of My Life

COPPER KNOB
BY STEPHEN

Count: 32

Wall: 4

Level: Absolute Beginner

Choreographer: Claire Bell (UK) - October 2018

Music: Rest of My Life - Rod Stewart : (Album: Blood Red Roses Deluxe Version)



#40 count intro

Section 1: Side, front, side, flick, grapevine right

- 1,2 Point right toe to right side, point right toe forward
- 3,4 Point right toe to right side, flick right behind left
- 5,6 Step right to right side, step left behind right
- 7,8 Step right to right side, touch left next to right

(Optional arm movement: On count 4 slap left hand on right foot)

Section 2: Grapevine ¼ left brush, rocking chair

- 1,2 Step left to left side, step right behind left
- 3,4 Make ¼ turn left stepping forward on left, brush right forward
- 5,6 Rock forward on right, recover weight on left
- 7,8 Rock back on right, recover weight on left

Section 3: Toe strut, rock, recover, toe strut, rock, recover

- 1,2 Step right toe forward, lower right heel to ground
- 3,4 Rock forward on left, recover weight on right
- 5,6 Step left toe back, lower left heel to ground
- 7,8 Rock back on right, recover weight on left

Section 4: Forward, hold, turn, hold, forward, hold, turn, hold

- 1,2 Step right forward, hold
- 3,4 Making ¼ turn left step left forward, hold
- 5,6 Step right forward, hold
- 7,8 Making ¼ turn left step left forward, hold

(Optional arm movement: Click fingers on the hold counts)

Ending: 13th. wall: Make 1/8th turns in section 4 to face the front and finish with first 4 counts of section 1.
