

Lose My Mind

COPPER KNOB
BY STEPHENETS

Count: 32

Wall: 2

Level: Beginner / Improver

Choreographer: Shirley Blankenship (USA) & Conrad Farnham (USA) - August 2018

Music: Lose My Mind - Brett Eldredge



Shuffles Forward Right And Left, 1/2 Pivot Left, Turning 1/4 Left Shuffle

- 1&2 Shuffle forward on right (RLR) - 12:00
- 3&4 Shuffle forward on left (LRL)
- 5-6 Step forward on right, pivot 1/2 left
- 7&8 Turning 1/4 left shuffle (RLR) -3:00

Rock Back Left /Recover/ Shuffle Left Forward, Jazz 1/4 Right

- 1-2 Rock back on left, Recover on right
- 3&4 Shuffle forward on left (LRL)
- 5-8 Cross right over L, step back on L, Step 1/4 R on R, left forward - 6:00

Jazz Right V--Step

- 1-4 Cross right over L, step back on L, Right on R, left forward - 6:00
- 5-8 Step right to R, Left to L, In on Right, In on left

Right Step, Left Behind, Step right, Heel forward, Step, Cross (Repeat on Left)

- 1-2&3&4 Step side R, left behind R, step R, touch L heel forward, step left in place, cross R over L
- 5-6&7&8 Step side L, right behind L, step L, touch R heel forward, step right in place, cross L over R

***Wall #3(6:00)on second Jazz Box, Cross R over L, Stomp L, hand movement like an umpire calling "safe"
Pause for 2 seconds, Restart dance!!!**

It's All About Fun - ENJOY

**** Special Thanks to K.Sholes for listening and helping me make a decision and also a video before I could get one. Shirley ****