

La Cintura

Count: 32

Wall: 1

Level: Ultra Beginner

Choreographer: Nicole Miller (LUX) - July 2018

Music: La Cintura - Álvaro Soler



Start dancing after 16 counts

SIDE TOGETHER, SHUFFLE R, ROCKING CHAIR

1-2 Step right to right, step left together,
3&4 Step right to right, step left together, step right to right
5-8 Step left forward, recover right, step left back, recover right

SIDE TOGETHER, SHUFFLE L, ROCKING CHAIR

1-2 Step left to left, step right together,
3&4 Step left to left, step right together, step left to left
5-8 Step right forward, recover left, step right back, recover left

SHUFFLE FORWARD 2X, STEP TURN 2X

1&2 Step right forward, step left next to right, step right forward,
3&4 Step left forward, step right next to left, step left forward,
5-8 Step right forward, turn ¼ left, step right forward, turn ¼ left (with hip rolls)

SHUFFLE FORWARD 2X, STEP TURN 2X

1&2 Step right forward, step left next to right, step right forward,
3&4 Step left forward, step right next to left, step left forward,
5-8 Step right forward, turn ¼ left, step right forward, turn ¼ left (with hip rolls)

REPEAT

TAG: After wall 7:

1-4 Sway right, left, right, left
