

# 7 Year Heartache

Count: 32

Wall: 4

Level: Improver

Choreographer: Frederick Fung (CAN) - July 2018

Music: Seven Year Ache - Rosanne Cash



## Musical Introduction: 32 Counts

### [1-8] RF ROCK FORWARD, ROCK BACK, TOE HEEL TOE STEP (12:00)

- 1-2 Rock forward RF, recover on LF
- 3-4 Back rock on RF, recover on LF
- 5-7 RF Toe In, RF Heel touch out to R; RF Toe In
- 8 Make 1/8 Turn R and Step RF forward towards 1:00

### [9-16] LF BRUSH-CROSS-SIDE-BACK, RF BACK-SIDE-BRUSH-CROSS

- 1-2 Brush LF, Cross LF over RF
- 3-4 Step RF to R side(3), Make 1/8 turn L and stepping back on LF(4) towards 11:00
- 5-6 Still on diagonal step back on RF(5), Make 1/8 turn step LF to L side(6) towards 7:00
- 7-8 RF Brush(7), Cross RF over L(8)

### [17-24] HEEL TAP X 2, LEFT SAILOR, RIGHT SAILOR

- 1-2 Tap left heel 2 times
- 3-4 Cross LF behind RF, Step RF to R side,
- 5 Make a 1/6 Turn R and Step LF to place facing 9:00
- 6-7 Cross RF behind LF, Step LF to L side
- 8 Make 1/4 Turn L and Step RF to place facing 6:00

### [25-32] LEFT SAILOR, RF CLOSE LF, PADDLE TURN L, 1/4 TURN TOE POINT R

- 1-3 Cross LF behind RF, Step RF to R side, Step LF to place facing 6:00
- 4 Close RF to LF
- 5-6 Paddle turn: Make 1/4 L and Step LF forward, Make 1/4 turn L and take weight on RF facing 12:00
- 7-8 RF Step in place, Make 1/4 turn L and point right toe to R side(take weight on LF facing 9:00)

## REPEAT

Ending on Wall #12 after dancing up to 8 counts

PLEASE ENJOY THIS LINE DANCE UNTIL YOUR HEART AND SOUL ARE TOUCHED BY "7 Year Heartache"!

For Song & Step Sheet, please contact: [Passionff0118@gmail.com](mailto:Passionff0118@gmail.com)

Last Update – July 1, 2018