

One Touch at a Time

Count: 64

Wall: 3

Level: Intermediate

Choreographer: Alison Metelnick (UK) & Peter Metelnick (UK) - May 2018

Music: Lay With Me - Adam Eckersley & Brooke McClymont



Two easy Restarts on walls 3 & 6

Start after 24 count intro – 12 secs on verse vocal – 4mins 42secs – 121bpm

Music Available - Amazon

[1-8] R side close, R fwd shuffle, ¼ L jazz box cross

1-2 Step R side, step L together

3&4 Step R forward, step L together, step R forward

5-8 Cross step L over R, step R back, turning ¼ left step L side, cross step R over L (9 o'clock)

[9-16] L side close, L fwd shuffle, R jazz box, ⅙ R fwd (to R diagonal, L fwd

1-2 Step L side, step R together

3&4 Step L forward, step R together, step L forward

5-8 Cross step R over L, step L back, turning ⅙ right to diagonal step R side, step L forward (11 o'clock)

[17-24] Walk fwd 2, R fwd shuffle, L fwd, ½ R pivot turn, L fwd shuffle

Travelling forward towards right diagonal (11 o'clock)

1-2 Step R forward, step L forward

3&4 Step R forward, step L together, step R forward

5-6 Step L forward, pivot ½ right to face diagonal (5 o'clock)

Travelling forward towards back left diagonal (5 o'clock)

7&8 Step L forward, step R together, step L forward

[25-32] L full turn fwd, R fwd shuffle, L fwd rock/recover, ¼ L fwd shuffle

1-2 Turning ½ left step R back, turning ½ left step L forward (5 o'clock)

Non-turning option 1-2: Walk fwd R/L

3&4 Step R forward, step L together, step R forward

5-6 Rock L forward, recover weight on R

Travelling forward towards diagonal (1 o'clock)

7&8 Turning ⅙ left step L side, step R together, turning ⅙ L step L forward

WALL 9 ENDING: Dance until count 30 which leaves you facing the diagonal (11 o'clock)

Cross step R over L & unwind left to face 12 o'clock & strike a pose!

[33-40] R fwd, ½ L pivot turn, R fwd shuffle, L/R fwd step points

1-2 Step R forward, pivot ½ left to face diagonal (7 o'clock)

Travelling forward towards diagonal (7 o'clock)

3&4 Step R forward, step L together, step R forward

5-8 Step L forward, point R side, step R forward, point L side

[41-48] ⅙ L jazz box ball cross side, weave L 2, R cross rock/recover

1-2 Cross step L over R, step R back

&3-4 Turning ⅙ left to square to back wall step L side, cross step R over L, step L side (6 o'clock)

5-8 Cross step R behind L, step L side, cross rock R over L, recover weight on L

RESTART WALL 3 (starting facing back wall): Dance up to count 48 and restart facing the front wall

[49-56] R/L step touches, R kick ball cross, R/L hip sways turning ¼ L

1-4 Step R side, touch L together, step L side, touch R together

5&6 Kick R side, step R back, cross step L over R

7-8 Sway hips right, as you turn $\frac{1}{4}$ L sway hips left (3 o'clock)

RESTART WALL 6 (starting facing back wall):

Dance up to count 56 but DON'T TURN on the hip sways to restart facing front wall

[57-64] R/L step touches (one touch at a time), R fwd, $\frac{1}{2}$ L pivot turn X2

1-4 Step R side, touch L together, step L side, touch R together

5-8 Step R forward, pivot $\frac{1}{2}$ left, step R forward, pivot $\frac{1}{2}$ left (3 o'clock)

Non-turning option 5-8: R rocking chair

Contact: Tel: 01462 735778 Email: info@thedancefactoryuk.co.uk Website: www.thedancefactoryuk.co.uk

NOTE: Can you please submit all videos to us for approval before sending links to this site. Thanks A&P
