

# Shook Up

**Count:** 32

**Wall:** 2

**Level:** Beginner

**Choreographer:** Michael Bottley (UK) & Helen Day (UK) - April 2018

**Music:** All Shook Up - Elvis Presley



**Start after 16 counts, on the word 'Bless'**

**NO TAGS OR RESTARTS**

**Section 1: STEP HITCH, STEP HITCH, STOMP, STOMP, KICK, KICK**

1-4 Step R forward, hitch L knee, step L forward, hitch R knee

5-8 Stomp R, L, kick, kick with R foot

**Section 2: GRAPEVINE R WITH TOUCH, GRAPEVINE L ¼ TURN L WITH TOUCH**

1-4 Step R to the R, cross step L behind R, step R to the R, touch L next to R.

5-8 Step L to the L, cross step R behind L, make ¼ turn L stepping forward with L touch R next to L

**Section 3: R STEP SHIMMY, L STEP SHIMMY**

1-4 Step R to side, drag L towards R touch, hold

4-8 Step L to side, drag R towards L touch, hold

**Shimmy shoulders as you drag**

**Section 4: R STEP ¼ L PIVOT, R STOMP, ELVIS KNEES**

1-4 Step R forward, ¼ pivot L, moving weight to L, stomp R, hold

5-6 Bend L knee in, hold,

7-8 Straighten L leg and bend R knee in, hold

**REPEAT**

**Contact:** [helen.day9@btinternet.com](mailto:helen.day9@btinternet.com) (Step Up and Dance)

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