

# Ob-La-Di Ob-La-Da Life Goes On

**COPPER** **KNOB**  
BY STEPHEN

**Count:** 32

**Wall:** 4

**Level:** Absolute Beginner

**Choreographer:** Val Saari (CAN) - March 2018

**Music:** Ob-La-Di, Ob-La-Da - The Beatles : (iTunes)



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## **S1: 2 SIDE TOUCHES (R,L), LINDY RIGHT**

1-2 Step RF to right, Touch LF beside Right  
3-4 Step LF to left, Touch RF beside LF  
5&6 Shuffle right, RLR  
7-8 Rock back on LF, Recover on RF

## **S2: 2 SIDE TOUCHES (L,R), LINDY LEFT**

1-2 Step LF to left, Touch RF beside LF  
3-4 Step RF to right, Touch LF beside Right  
5&6 Shuffle left, LRL  
7-8 Rock back on RF, Recover on LF

## **S3: TOE/HEEL FORWARD X 2, TOE/HEEL BACK X 2**

1-2 Step RF forward on toe, Step down on heel  
3-4 Step LF forward, Step down on heel  
5-8 Step RF back on toe, Step down on heel  
7-8 Step LF back beside R, Step down on heel

## **S4: SHUFFLE FORWARD X 2, STEP PIVOT 1/4 LEFT**

1&2 Shuffle forward RLR  
3&4 Shuffle forward LRL  
5-6 Step RF forward  
7-8 Pivot 1/4 turn left (weight on Left)

**REPEAT**

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