

Health Is Wealth

COPPER KNOB
STEPSHETS

Count: 32

Wall: 2

Level: Beginner

Choreographer: Elaine Hoo (MY) - February 2018

Music: Shi Shang Zui Gui Shi Jian Kang (世上最貴是健康) - Sun Xiao Lei (孫曉磊)



sequence: Intro, 32, 32, tag1, 32, tag1, 32, tag2, tag3, intro, tag1, 32, tag1, 32, tag1, 32, tag4, 32 tag 1, 32, intro pose

INTRO : 32 COUNTS

- 1-8 Hip Bump To Right X 4, Hip Bump To Left X 4
9-16 Repeat Section 1-8
17-24 Step Rf To R Side Touch Lf Behind Rf, Step Lf To Left Side, Touch Rf Behind Lf X 2
25-32 Step Rf Dig Fwd Touch Lf Next To Rf, Step Lf Dig Fwd Touch R Next To Lf, Step Rf Dig Back Touch Lf Next To Rf, Step Lf Dig Back Touch R Next To Lf

Main Dance:-

SET 1. WALK FWD RLR KICK L, WALK BACK LRL TOUCH R

- 1234 Walk fwd R, L, R kick L foot forward
5678 Walk Back L, R, L Touch Right Next to Left

SET 2. SIDE TOGETHER CHASSE TO RIGHT CROSS ROCK RECOVER CHASSE TO LEFT

- 123&4 Step RF to Right side, Step LF Next to RF, Step RF to R side, close LF Next To RF, Step RF To R Side
567&8 Cross LF over RF, Recover on RF, Step Lf to L side, Close RF Next to LF, Step LF to L Side.

SET 3. CROSS TOUCH x 2 JAZZ BOX

- 1234 Cross RF over LF Touch LF to L side, Cross LF Over RF Touch RF to R side
5678 Cross RF over LF, Step Back On L, Step RF To R side, Step fwd on LF

SET 4. ROCKING CHAIR, PIVOT HALF TURN LEFT

- 1234 Rock RF fwd, Recover on LF, Rock RF backward Recover on LF
5678 Step RF fwd, Step Lf to L side 1/4 L turn, Step RF Fwd, Step LF to L side 1/4 Left

TAG 1. OUT OUT IN IN (4 COUNTS)

- 1234 Step RF To R Side, Step LF To L Side. Step RF Back to Center, Close LF Next To RF

TAG 2. CHA CHA FWD PIVOT 1/2 TURN CHA CHA FWD PIVOT 1/2 TURN (8 COUNTS)

- 1&234 Step RF Fwd, Lock LF Behind RF, Step RF Fwd, Step LF Fwd 1/2 Turn R Step On RF
5&678 Step LF Fwd, Lock RF Behind LF, Step LF Fwd, Step RF Fwd 1/2 Turn L Step On LF

TAG 3 (32 COUNTS)

SET 1. KICK BALL TOUCH R & L SIDE TOUCH SIDE TOUCH

- 1&23&4 Kick RF fwd step next to LF, Touch LF to L, Kick LF fwd step next to RF, Touch RF to R
5678 Step down on RF & touch LF behind RF, Step LF to L side & Touch RF behind LF

SET 2. Rolling vine to Right & LEFT

- 1234 Step RF 1/4 turn to R, step LF 1/4 turn to R, Step RF 1/2 turn to R & Touch LF to L side (12.00)
5678 Step LF 1/4 turn to L, Step RF 1/4 turn to L, step LF 1/2 turn to L & Touch RF to R side (12.00)

SET 3. CROSS SAMBA R & L. CROSS MAMBO R & L

- 1&23&4 Cross R Over L, step Lf to L side, Recover on Rf, Cross L over R, Step RF to R, Recover on L
5&67&8 Cross Rf over L, Recover weight on LF, step RF to R side, Cross LF over RF, Recover on RF, step LF to L side

SET 4. BACK MAMBO X 2 WALK IN CIRCLE FULL TURN

1&23&4 Step RF behind L, recover on LF, Step RF to R, Step LF behind R, recover on RF, Step LF to L side

5678 Walk RF 1/4 turn L, walk LF 1/4 turn L, Step RF to R side 1/2 turn L, Stomp on LF with pose

TAG 4. OUT OUT IN IN PIVOT 1/2 TURN (8 COUNTS)

1234 STEP RF To R Side, Step LF To L side. Step RF Back to center, Close LF Next To RF

5678 Step RF Fwd, 1/4 turn to L Step on LF, Step RF Fwd 1/4 Turn to L Step On Lf

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