

# Hell Heel AB

**Count:** 16

**Wall:** 4

**Level:** Absolute Beginner

**Choreographer:** Laura Nanclares (ES) - December 2017

**Music:** "Tennessee" by Johnny Cash (132 bpm)



**Alt. music:** "Freight Train Blues" by Boxcar Willie (172 bpm)

## [1-8] TOE FAN, SWIVELS (TOE HEEL TOE), STOMP

- 1- R toe out (to right)
- 2- R toe in
- 3- R toe out
- 4- R toe in
- 5- L toe to the left
- 6- L heel to the left
- 7- L toe to the left
- 8- Stomp RF next to the LF

## [9-16] HOOK COMBINATION, HEEL GRIND $\frac{1}{4}$ TURN, STOMP, STOMP

- 1- Heel L forward, in left diagonal
- 2- Hook L over R
- 3- Heel L forward, in left diagonal
- 4- Stomp LF next to RF
- 5- R heel forward
- 6- Change weight to LF turning  $\frac{1}{4}$  to the right
- 7- Stomp RF next to LF
- 8- Stomp LF next to RF

**-START OVER-**

**Contact:** [lmnanclares@outlook.es](mailto:lmnanclares@outlook.es)

---