

# 3 A.M.

Count: 48

Wall: 4

Level: Intermediate

Choreographer: Ria Vos (NL) - October 2017

Music: 3 A.M. - Jesse & Joy & Gente de Zona



Intro: 16 Counts ( $\pm$  9 sec)

**S1: Walk, Walk, Rocking Chair, Step Fwd,  $\frac{1}{2}$  Turn R, Sailor  $\frac{1}{4}$  R Cross**

1-2 Step Fwd R-L  
3& Rock Fwd on R, Recover on L  
4& Rock Back on R, Recover on L  
5-6 Step Fwd on R,  $\frac{1}{2}$  Turn R Step Back on L (6:00)  
7&8 Step R Behind L,  $\frac{1}{4}$  Turn R Step L Next to R, Cross R Over L (9:00)

**S2: Side Rock-Cross, Side Rock-Cross, Mambo Fwd, Walk Back x2**

1&2 Rock L to L Side, Recover on R, Cross L Over R  
3&4 Rock R to R Side, Recover on L, Cross R Over L  
5&6 Rock Fwd on L, Recover on R, Step Back on L  
7-8 Step Back on R Swiveling L Toe Out, Step Back on L Swiveling R Toe Out

**S3: Coaster Step, Lock-Step-Lock-Step,  $\frac{1}{4}$  R Point,  $\frac{1}{2}$  L Point, Crossing Shuffle**

1&2 Step Back on R, Step L Next to R, Step Fwd on R  
&3 Lock L Behind R, Step Fwd on R  
4  $\frac{1}{4}$  Turn R Point L to L Side (12:00)  
5-6  $\frac{1}{4}$  Turn L Step Fwd on L,  $\frac{1}{4}$  Turn L Point R to R Side (6:00)  
7&8 Cross R Over L, Step L to L Side, Cross R Over L

**S4: Chasse  $\frac{1}{4}$  R, Shuffle  $\frac{1}{2}$  R, Rock Fwd, Side Rock, Sailor  $\frac{1}{4}$  Turn L**

1&2 Step L to L Side, Step R Next to L,  $\frac{1}{4}$  Turn R Step Back on L (9:00)  
3&4  $\frac{1}{4}$  Turn R Step R to R Side, Step L Next to R,  $\frac{1}{4}$  Turn R Step Fwd on R (3:00)  
5& Rock Fwd on L, Recover on R  
6& Rock L to L Side, Recover on R  
7&8 Step L Behind R,  $\frac{1}{4}$  Turn L Step R to R Side, Step L to L Side (12:00)

\*\*\*Restart Point wall 5 (12:00)

**S5: Diamond  $\frac{1}{4}$  R, Hip Bumps, Behind-Side Cross**

1&2 Cross R Over L,  $\frac{1}{8}$  Turn R Step Back on L, Step Back on R (1:30)  
3&4 Step Back on L,  $\frac{1}{8}$  Turn R Step R to R Side, Cross L Over R (3:00)  
5&6 Step and Bump R to R Side, Recover on L, Bump R to R Side  
7&8 Step L Behind R, Step R to R Side, Cross L Over R

**S6: Side-Together-Back, Chasse  $\frac{1}{4}$  L (x2)**

1&2 Step R to R Side, Step L Next to R, Step Back on R  
3&4 Step L to L Side, Step R Next to L,  $\frac{1}{4}$  Turn L Step Fwd on L (12:00)  
5&6 Step R to R Side, Step L Next to R, Step Back on R  
7&8 Step L to L Side, Step R Next to L,  $\frac{1}{4}$  Turn L Step Fwd on L (9:00)

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