

# Power In The Blood

**COPPER** **KNOB**  
BY STEPHENETS

**Count:** 32

**Wall:** 4

**Level:** Beginner

**Choreographer:** Stefano Civa (IT) - October 2017

**Music:** There Is Power in the Blood - Buddy Jewell



**Start dancing on lyrics**

## **PIGEON, HEEL ROCK FORWARD, ROCK STEP BACK**

1-4 Pigeon left

5-8 Heel right forward, recover to left, step right back, recover to left

## **TURN ½ LEFT, HEEL ROCK STEP, HEEL VINE RIGHT HOOK**

1-2 Step right forward, turn ½ left

3-4 Heel right forward, recover to left

5-8 Heel right side, cross left behind, step right side, hook left forward

## **VINE LEFT STOMP UP, MONTEREY ½ TURN**

1-4 Step left side, cross right behind, step left side, stomp up right

5-6 Right point to right side, turn ½ right and step right together

7-8 Left point to left side, step left together (weight on left)

## **ROCK BACK, STOMP UP TWICE, GRAPEVINE ¼ TURN RIGHT**

1-2 Rock back jumping right, recover to left

3-4 Stomp right twice

5-8 Step right side, cross right behind, step right ¼ right, step left together

**REPEAT**

**RESTART:** on 5th wall after 8 counts (at 12:00)

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