

# Sand and Cake

**COPPER** KNOB  
BY STEPHEN

**Count:** 32

**Wall:** 2

**Level:** Beginner

**Choreographer:** Narelle Phillips (AUS) - October 2017

**Music:** Cake by the Ocean - DNCE : (Album: Cake By the Ocean - Single - iTunes - 3:38)



**Intro: Start after 16 counts.**

**S1: Forward Rock, ½ Right Shuffle Forward, Forward Rock, ½ Left Shuffle Forward.**

1-2, 3&4 R Fwd Rock Recover on L, ½ Turn Right, Shuffle Forward R-L-R.

5-6, 7&8 L Fwd Rock Recover on R, ½ Turn Left, Shuffle Forward L-R-L.

**S2: Side Together, Side shuffle, Cross Rock, Side Touch.**

1-2, 3&4 Right Side Step, Left Step Together, Right Side Shuffle R-L-R.

5 - 8 L Cross Rock Forward Recover on R, L Side Step, R Touch.

**S3: Walks Back, Coaster Step, Walk Forward or Full Turn, Shuffle Forward.**

1-2, 3&4 Walks Back R-L, R Coaster Step R-L-R.

5-6, 7&8 Walks Forward L-R (Or Optional Full Turn Right L-R), Shuffle Forward L-R-L.

**S4: ¼ Left Side, Touches.**

1 - 4 ¼ Left Right Side Step, L Touch Together, Left Side Step, R Touch Together.

5 - 8 ¼ Left Right Side Step, L Touch Together, Left Side Step, R Touch Together.

**Start again**

**Restart Wall 5. Dance first 8 Counts and restart 12.00.**

**Contact:** [narellep15@gmail.com](mailto:narellep15@gmail.com)

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