

# Baby Pains

**COPPER KNOB**  
STEPSHEETS

Count: 32

Wall: 4

Level: Beginner

Choreographer: Norman Gifford (USA) - August 2017

Music: Labor Pains - Michael Lee Austin



**(Step back, back rock-step, brush, forward lock-step, brush)**

- 1-4 Right step back; left rock back; right replace, brush  
5-8 Left step forward; right lock behind left; left step forward; brush

**(Rock-step, chassè turning ¼ right, crossover, step side turning ¼ left, step side, brush)**

- 1-2 Right rock forward; left replace back preparing turn  
3&4 Right step side turning ¼ right; left together; right step side [3:00]  
5-6 Left crossover; right step side turning ¼ left [12:00]  
7-8 Left step side; right brush across

**(Cross-rock, replace, step side, brush, cross-rock, replace, turn ¼ left, brush)**

- 1-4 Right cross-rock; left replace; right step side; left brush  
5-6 Left cross-rock; right replace  
7-8 Turn ¼ left stepping forward; right brush forward [9:00]

**(Rock-step, coaster-step, rock-step, long draw back)**

- 1-2 Right rock forward; left replace back  
3&4 Right step back; left together; right step forward  
5-6 Left rock forward; right replace back  
7-8 Left long step back; right slowly draw by left (do not take weight)

**BEGIN AGAIN**

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Last Update – 25th Aug 2017

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