

# In The Blood

**COPPER** KNOB  
STEPSHEETS

**Count:** 32

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Tessa Jansen (NL) - August 2017

**Music:** In the Blood - John Mayer : (iTunes)



**Intro: 16 counts**

**Section 1: R Shuffle Fwd, Cross, 1/8 Turn L Back, Back, Back, 1/8 Turn L Side, Cross, Side, Cross Rock, Side**

- 1&2 Step Fwd on RF, Step LF next to RF, Step Fwd on RF  
3&4 Sweep LF from back to front and Cross LF over RF, 1/8 Turn L Step Back on RF, Step Back on LF (10.30)  
5&6 Step Back On RF, 1/8 Turn L Step LF to L Side, Cross RF Over LF (9.00)  
&7-8& Step LF to L Side, Cross Rock RF, Recover on LF, Step RF to R Side

**Section 2: Cross, Side, Back, Coaster Step, 1/2 Pivot R, 1/2 Turn R Back, 3x Walk Back**

- 1&2 Cross LF over RF, RF Step to R Side, Step Back on LF  
3&4 Sweep RF From Front to Back and Step Back on RF, Step LF next to RF, Step Fwd on RF  
5&6 Step Fwd on LF, 1/2 Pivot Turn R, 1/2 Turn R Step Back on LF (09.00)  
7&8 3x Walk Back R,L,R

**Section 3: Back Rock/Recover, R 1/2 Turn Back, 1/4 Turn R Chassé, Cross Rock, Side Rock, 1/4 Turn L Jazzbox**

- 1&2 Back Rock on LF, Recover on RF, 1/2 Turn R Step Back on L (03.00)  
3&4 1/4 Turn R Step R to R Side, Step LF next to RF, Step RF to R Side (06.00)  
5& Cross Rock LF over RF, Recover on RF  
6& Rock LF to L Side, Recover on RF  
7&8 Cross LF Over RF, 1/4 Turn L Step Back on RF, Step Fwd on LF

**Section 4: 2 Traveling Touches, Shuffle, Rock/Recover, 1/2 Turn L Fwd, Full Turn L**

- 1&2& Touch R Toe Fwd, Step RF Fwd, Touch L Toe Fwd, Step LF Fwd (Travel Slightly Fwd)  
3&4 Step RF Fwd, Step LF next to RF, Step RF Fwd  
5&6 Rock LF Fwd, Recover on RF, 1/2 Turn L Step LF Fwd  
7-8 1/2 Turn L Step RF Back, 1/2 Turn L Step LF Fwd (09.00) (Option: 2 Walks; R, L)

**TAG: You will hear it very easy. :-)**

**After Walls 1,2,3,4,5**

**Wall 1,3:**

- 1-2 Hip Sway R, Hip Sway L  
3-4& R Rock Fwd, Recover On L, Step R next to L  
5-6& L Rock Fwd, Recover On R, Step L next to R

**Wall 2,4,5:**

- 1-2 Hip Sway R, Hip Sway L

**ENDING: Wall 9 starts at 00.00**

**Dance untill count 6 from Section 2 you will be facing 9.00;**

**1/4 Turn R make a big step with RF to R side, drag LF towards RF and you will face 00.00**

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**Last Update - 19th Aug 2017**