

# Teenage Heart

**COPPER** **NOB**  
STEPSHEETS

Count: 56

Wall: 2

Level: Intermediate

Choreographer: Di Roods (AUS) - July 2017

Music: Teeange Heart by Lady Antebellum



(16 count intro) - (weight on L)

**R SHUFFLE, L SHUFFLE, R SHUFFLE, L SHUFFLE (diagonal hitch shuffles) □**

- & 1 & 2 (to R diagonal) Hitch R in front of L knee & shuffle : R,L,R
- & 3 & 4 (to L diagonal) Hitch L in front of R knee & shuffle : L,R,L
- & 5 & 6 (to R diagonal) Hitch R in front of L knee & shuffle : R,L,R
- & 7 & 8 (to L diagonal) Hitch L in front of R knee & shuffle : L,R,L □. 12.00

**PIVOT TURN, FWD, TOUCH, COASTER STEP, PADDLE TURN □**

- 1, 2 Pivot turn : Step R fwd, turn ½ Left take weight onto L
- 3, 4 Step R fwd, touch L toe slightly fwd
- 5 & 6 Coaster step : step L back, step R together, step L fwd, □. 6.00
- 7, 8 Paddle turn : step R fwd, turn ¼ Left take weight onto L □. 3.00

**CROSS SAMBA, CROSS, POINT, CROSS, BACK, ½ SHUFFLE FWD □**

- 1 & 2 Cross Samba : step R across L, step L to L side, step R to R side
- 3, 4, 5, 6 Step L across R, point R toe to R side, step R across L, step L back
- 7 & 8 turn ½ turn Right Shuffle fwd : R,L,R □. 9.00

**PADDLE TURN, SHUFFLE ACROSS, TOE & TOE & HEEL & HEEL □ □**

- 1, 2 Paddle turn : step L fwd, turn ¼ Right take weight onto R □. 12.00
- 3 & 4 Shuffle Left across in front of R : L,R,L
- 5 & 6 Touch R toe to R side, step R beside L, touch L toe to L side
- & 7 & 8 Step L beside R ##, touch R heel fwd, step R beside L, touch L heel fwd

**(&) HEEL, HEEL & SHUFFLE FWD, PIVOT TURN, PIVOT TURN □**

- & 1, 2 Step L beside R, # touch / tap R heel fwd twice,
- & 3 & 4 step R beside L, shuffle fwd : L,R,L
- 5, 6 Pivot turn : Step R fwd, turn ½ Left take weight onto L
- 7, 8 Pivot turn : Step R fwd, turn ½ Left take weight onto L □. 12.00

**ROCKING CHAIR, CROSS, ¼ BACK, COASTER STEP □**

- 1, 2, 3, 4 Rocking Chair : step R fwd, rock back on L, step R back, rock fwd on L
- 5, 6 Step R across L, turn ¼ R -- stepping L back
- 7 & 8 Coaster step ; step R back, step L beside R, step R fwd □. 3.00

**FWD, ¼ R, BEHIND--SIDE--CROSS, SIDE, ROCK, BACK, ROCK □**

- 1, 2 Step L fwd, turn ¼ R rock onto R
- 3 & 4 step L behind R, step R to R side, step L across R
- 5, 6, 7, 8 Step R to R side, side rock onto L, step R slightly behind L, rock fwd onto L □. 6.00

**RESTARTS : □**

**# □ Wall 2 -- dance to count 32&. Restart facing back □**

**## □ Wall 5 -- dance to count 30&. Restart facing back □**

**TAG: End of wall 7 -- Paddle turn L, paddle turn L □**

- 1, 2 Paddle turn : step R fwd, turn ¼ Left take weight onto R
- 3, 4 Paddle turn : step R fwd, turn ¼ Left take weight onto R (restart facing front)

ENDING : (facing front) dance first 4 counts then step R to R side□

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