

Lie A Little Better

Count: 40

Wall: 4

Level: Improver

Choreographer: Giusimaria Raciti (IT) - July 2016

Music: Lie a Little Better - Lucy Hale : (Album: Road Between)



Start on lyrics

Tag: At the end of wall 4 and 7

S1: SHUFFLE FORWARD, ROCKSTEP, SHUFFLE BACKWARD, PIVOT TURN

- 1&2 Step RF Forward, Step LF Beside RF, Step RF Forward
- 3-4 Rock LF Forward, Recover RF in Place
- 5&6 Step LF Backward, Step RF Beside LF, Step LF Backward
- 7-8 Point RF Backward, ½ Pivot Right (06:00)

S2: ROCKSTEP, SAILOR STEP TURN, SIDE TOUCHE, CLAP, SIDE TOUCH FLICK

- 1-2& Rock LF Forward, Recover RF in Place and Sweep LF Out
- 3&4 Step LF Behind RF, Step RF Beside LF ¼ Turn Left (03.00), Step LF to Left
- 5-6 Touch Right Side, Clap
- &7-8 Step Right to center, Touch Left Side, Flick Left & Slap

S3: CHASSE LEFT, ROCK BACK, TOE STRUTS TO THE SIDE

- 1&2 Step LF to Left, Step RF Beside LF, Step LF to Left
- 3-4 Rock RF Backward, Recover LF in Place
- 5-6 Point R Toe to Right, R Heel down
- 7-8 Cross Point L in Front of RF, L Heel down

S4: 2 X STEP, SHUFFLE FORWARD, STEP, TURN, PIVOT

- 1-2 Step RF to Right, Turn ½ Left, Step LF Forward (09:00)
- 3&4 Step RF Forward, Step LF Beside RF, Step RF Forward
- 5-6 Step LF Forward, Turn ½ Right (03:00)
- 7-8 Turn ½ Right Stepping Back on L, Turn ½ Right Stepping Side R

S5: STEP, HOLD, ROCK BACK, STEP, HOLD, SAILOR STEP, TURN

- 1-2 Step Left big Step to Left Side, Hold dragging Right towards Left
- 3-4 Rock Back on Right, Recover weight onto Left
- 5-6& Step Right big Step to Right Side, Hold and Sweep LF Out
- 7&8 Step LF Behind RF, Step RF Beside LF 1/2 Turn Left (09.00), Step LF to Left

TAG: At the end of walls 4 and 7

STEP, HOLD, ROCK BACK, STEP, HOLD, ROCK BACK

- 1-2 Step Left big Step to Left Side, Hold dragging Right towards Left
- 3-4 Rock Back on Right, Recover weight onto Left
- 5-6 Step Right big Step to Right Side, Hold dragging Left towards Right
- 7-8 Rock Back on Left, Recover weight onto Right

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