

# I Can Lose My Heart Tonight

**COPPER** **KNOB**  
BY STEPHEN

**Count:** 64

**Wall:** 4

**Level:** Phrased Improver

**Choreographer:** Amy Yang (TW) - June 2017

**Music:** I Can Lose My Heart Tonight by (Discoteka 80 Moscow) C.C. Catch



**Intro : 32 counts - Sequence of dance : B A A A(16) B / A A A A A A(16)**

## **PART A – 32 counts**

### **Sec . A1 CROSS, POINT(R&L), JAZZ BOX**

1 – 4 Cross RF over LF, Point LF to L, Cross LF over RF, Point RF to R

5 – 8 Cross RF over LF, Step LF back, Step RF to R, Cross LF over RF

### **Sec. A2 SIDE, RECOVER, CROSS SHUFFLE, SIDE, BEHIND, 1/4 TURN L FORWARD, BRUSH**

1-2,3&4 Step RF to R, Recover onto LF, Cross RF over LF, Step LF to L, Cross RF over LF

5 – 8 Step LF to L, Cross RF behind LF, 1/4 turn L step LF forward, Brush RF forward(09:00)

### **Sec . A3 TOE STRUT AND HIP BUMP(R&L), FORWARD, RECOVER, COASTER**

1 - 4 Touch RF toe forward with hip bump, Step RF heel down, Touch LF toe forward with hip bump, Step LF heel down

5-6,7&8 Step RF forward, Recover onto LF, Step RF back, Step LF beside RF, Step RF forward

### **Sec. A4 FORWARD, RECOVER, 1/2 TURN L FORWARD SHUFFLE, SWAY**

1-2,3&4 Step LF forward, Recover onto RF, 1/2 turn L step LF forward, Lock RF behind LF, Step LF forward(03:00)

5 - 8 Step RF to R then sway hip R, L, R, L

## **PART B – 32 counts**

### **Sec . B1 SIDE MAMBO(R&L), MAMBO(FORWARD&BACK)**

1&2,3&4 Step RF to R, Recover onto LF, Step RF beside LF, Step LF to L, Recover onto RF, Step LF beside RF

5&6,7&8 Step RF forward, Recover onto LF, Step RF back, Step LF back, Recover onto RF, Step LF forward

### **Sec. B2 WALK FORWARD( R, L, R ), TOUCH, WALK BACK( L, R, L ), TOUCH**

1 - 4 Walk forward R, L, R, Touch LF forward

5 - 8 Walk back L, R, L, Touch RF back

### **Sec . B3 SIDE, TOUCH(R&L), ROLLING VINE, TOUCH**

1 - 4 Step RF to R, Touch LF behind RF, Step LF to L, Touch RF behind LF

5 - 8 1/4 turn R stepping forward on RF, 1/2 turn R stepping back on LF, 1/4 turn R stepping RF to R, Touch LF to L(12:00)

### **Sec . B4 SIDE, TOUCH(L&R), ROLLING VINE, TOUCH**

1 - 4 Step LF to L, Touch RF behind LF, Step RF to R, Touch LF behind RF

5 - 8 1/4 turn L stepping forward on LF, 1/2 turn L stepping back on RF, 1/4 turn L stepping LF to L, Touch RF to R(12:00)

**Start again**

**Ending : During wall 12, after 16 counts. Pivot 1/2 turn L to face the front(facing 12:00 )**

**Have Fun & Happy Dancing!**

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