# Walking Backwards

**Count: 32** 

Level: Improver

Choreographer: K. Sholes (USA) - May 2017

Music: Walking Backwards - Adam Knight

## Section 1: Rock, Recover, Step X2, Step, Cross, Step, Coaster

- 1&2 3&4 Rock R back, Recover L, Step on R, Rock L back, Recover R, Step on L,
- 5&6 7&8 Step R back, Step L across R, Step R back, Step L back, Step R back, Step L forward.

### Section 2: Cross-Rock, Recover, Step X2, Step, Lock, Step, Spin

- 1&2 3&4 Rock R across L, Recover L, Step R next to L, Rock L across R, Recover R, Step L next to R,
- 5&6 7&8 Step R forward, Lock L behind R, Step R forward, Step L forward, Step R 1/2 left, Step L 1/2 (12:00)

### Section 3: Side Mambo X2, Sailor X2 (1/4 turn)

- 1&2 3&4 Rock R to side, Recover L, Step R, Rock L to side, Recover R, Step L,
- 5&6 7&8 Step R behind L, Step L to side, Step R in place, Step L behind R, Step R to side, Step L 1/4 left (9:00)

#### Section 4: Cross Cha Cha 1/4 turn, Shuffle, Mambo, Side Mambo

- 1&2 3&4 Cross R over L, Step L to side, Step R 1/4 left (6:00), Step L forward, Step R next to L, Step L forward,
- 5&6 7&8 Rock R forward, Recover L, Step R, Rock L to side, Recover R, Step L.

Restart: On Wall #2 (6:00) at end of 24 Counts (Section #3) \* keep 2nd Sailor walk facing 6:00

Tag: On Wall #5 (12:00) after finishing Section 2: raise arms at sides for 4 Counts & start with Section #1

Begin Again! Enjoy!





Wall: 2