

Break It Back

Count: 32

Wall: 4

Level: Beginner / Improver

Choreographer: Peter Davenport (ES) - May 2017

Music: Break It Back Down - Pat Green



#48 Count Intro, Track Length 3.54

S1; L lock, L Lock, Rock Replace Sailor ¼ L

1.2 Step forward on L, Lock R behind L □ □ □ □ □ □ □ 12
3.4 Step forward on L, Lock R behind L □ □ □ □ □ □ □ 12
5.6 Rock forward on L, Recover on R □ □ □ □ □ □ □ 12
7&8 ¼ Sailor step L □ □ □ □ □ □ □ □ □ 9

S2; 2 x Paddle ¼ L, Syncopated Jazz Box

1.2 Step forward on R, Pivot ¼ L □ □ □ □ □ □ □ □ 6
3.4 Step forward on R, Pivot ¼ L □ □ □ □ □ □ □ □ 3
5.6 Cross R over L, Step back on L □ □ □ □ □ □ □ □ 3
&7 Step R to R side (&) Cross L over R □ □ □ □ □ □ □ 3
8 Step R to R □ □ □ □ □ □ □ □ □ □ 3

S3; Rock Back, Kick Ball Cross, Rock Turn ¼ R, Shuffle L

1.2 Rock L behind R, Recover on R □ □ □ □ □ □ □ □ 3
3&4 L kickball Cross □ □ □ □ □ □ □ □ □ 3
5.6 Rock L out to L, Recover making ¼ R □ □ □ □ □ □ □ 6
7&8 L shuffle forward L.R.L □ □ □ □ □ □ □ □ □ 6

S4; Cross Back Side Cross Back, Step ¼ L, Back Touch

1.2 Cross R over L, Step back on L (angle body R) □ □ □ □ □ 6
3.4 Step R to R side, Cross L over R (angle body L) □ □ □ □ □ 6
5.6 Step back on R, ¼ L step forward on L (angle body L) □ □ □ □ □ 9
7.8 Step back on R, Touch L toe to R □ □ □ □ □ □ □ □ 9

No Tags No Restarts

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