

# AB Rock

Count: 16

Wall: 1

Level: Absolute Beginner

Choreographer: Cati Torrella (ES) - April 2017

Music: Never Loved Before - Alan Jackson & Martina McBride



Alt. Music: "Take Me To The River" - Delbert McClinton or any ECS

**[1-4]: Right TRIPLE STEP, Left Back ROCK STEP**

- 1 RF step to right side
- & Step LF beside right
- 2 RF step to right side
- 3 Rock back on Left Foot
- 4 Recover weight on RF

**[5-8]: Left TRIPLE STEP, Right Back ROCK STEP**

- 1 LF step to left side
- & Step RF beside left
- 2 LF step to left side
- 3 Rock back on Right Foot
- 4 recover weight on LF

**[9-12]: TRIPLE STEP FORWARD, STEP ½ TURN**

- 1 RF Step forward
- & LF step beside Right Foot
- 2 RF Step forward
- 3 LF Step forward
- 4 ½ Turn to right , change weight on RF

**[13-16]: TRIPLE STEP FORWARD, STEP ½ TURN**

- 1 LF Step forward
- & RF step beside Left Foot
- 2 LF Step forward
- 3 RF Step forward
- 4 ½ turn to left, change weight on LF

**START AGAIN** □

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