

Tuesday's Dance

Count: 32

Wall: 4

Level: Beginner

Choreographer: Kathryn Rowlands (WLS) - April 2017

Music: Shadows In the Night - Scooter Lee : (CD: The Best of)



Or use any cha-cha-rhythm music that is not too fast.

[1-8] Coaster Step x2, Rock Step, Triple Step

- 1&2 Step right foot forward, left foot forward beside right, right foot back
- 3&4 Step left foot back, right foot back beside left, left foot forward
- 5-6 Rock right foot to right side, recover onto left
- 7&8 Step right-left-right in place [12:00]

[9-16] Side Mambo Step x2, Rock Step, Triple Step

- 1&2 Rock left foot to left side, recover onto right, step left beside right
- 3&4 Rock right foot to right side, recover onto left, step right beside left
- 5-6 Rock left foot to left side, recover onto right
- 7&8 Step left-right-left in place [12:00]

[17-24] Rock Step and Coaster x2

- 1-2 Rock right foot forward, recover onto left
- 3&4 Step right foot back, left foot back beside right, step right foot forward
- 5-6 Rock left foot forward, recover onto right
- 7&8 Step left foot back, right foot back beside left, step left foot forward [12:00]

[25-32] Mambo Step x2, Pivot Turn x2 [Paddles]

- 1&2 Rock right foot forward, recover onto left, step right foot beside left
- 3&4 Rock left foot back, recover onto right foot, step left foot beside right
- 5-6 Step right foot forward, turn 1/8 left on balls of both feet
- 7-8 Step right foot forward, turn 1/8 left on balls of both feet [9:00]

Begin again

Choreographers note:

This dance was choreographed for my beginners classes, to teach the difference between Coaster and Mambo steps, and to accustom the beginners to syncopated steps.

Many thanks to a keen class member who suggested the name!
