

# Sol Na Chuva

Count: 180

Wall: 0

Level: Contra Line - All Levels

Choreographer: Trizia Ruggiero (UK) - March 2017

Music: Sunshine In the Rain (Italo Mix) - BWO



**INTRO: 32 counts [after 2nd vocals/sunshine in the rain]**

## SEC 1: NEW YORKS

- 1-2 Step L forward a quarter turn R
- 3&4 Step L [ quarter turn / to face original position] step R beside L –step L to side
- 5-6 Step R forward a quarter turn L
- 7&8 Step R [ quarter turn/to face original position] step L beside R- step R to side

## SEC 2 : REPEAT SEC 1 [ NEWYORKS]

## SEC 3: CROSS/ SIDE/ BEHIND/POINT

- 1-4 Cross L over R- step R to side- step L behind R- point R toe to side
- 5-8 Cross R over L- step L to side- step R behind L- point L toe to side

## SEC 4: CROSS/ SIDE /BEHIND /TOUCH/ HIP BUMPS

- 1-4 Cross L over R- step R to side – step L behind R- touch R beside L
- 5-8 Bump hips R-L-R-L

## SEC 5 - SEC 8: REPEAT SECTIONS 1-4

## SEC 9: ROCK/ SHUFFLES

- 1-2 Rock forward R- recover on L
- 3&4 Step R back- step L beside R- step R back
- 5&6 Step L back- step R beside L- step L back
- 7&8 Step R back- step L beside R- step R back

## SEC 10: ROCK/SHUFFLES

- 1&2 Step L back- step R beside L – step L back
- 3-4 Rock back on R- recover on L
- 5&6 Step forward on R- step L beside R- Step forward on R
- 7&8 Step L forward- step R beside L – step forward on L

## SEC 11: ROCK/SHUFFLES

- 1&2 Step forward on R- step L beside R- step forward on R
- 3&4 Step forward on L- step R beside L- step forward on L
- 5-6 Rock forward on R- recover on L
- 7&8 Step back on R- step L beside R- step R back

## SEC 12: ROCK/SHUFFLES

- 1&2 Step back on L- step R beside L- step back on L
- 3&4 Step back on R- step L beside R-step back on R
- 5&6 Step back on L- step R beside L- step back on L
- 7-8 Rock back on R-HOLD

## SEC 13: STEP QUARTER TURN / TOUCH/VINE

- 1-4 Step R quarter turn L- touch L beside R- step L to side – touch R beside L
- 5-8 Step R to side – step L behind R- step R to side- touch L beside R

**SEC 14: VINE/ STEPQUARTER TURN / TOUCH**

1-4 Step L to side – step R behind L- step L to side – touch R beside L  
5-8 Step R quarter turn R- touch L beside R- step L to side- touch R beside L

**SEC 15: ROCKS/ SIDE SHUFFLES**

1-2 Rock back on R- recover on L  
3&4 Step R to side- step L beside R- step R to side  
5-6 Rock forward on L- recover on R  
7&8 Step L to side- step R beside L- step L to side

**SEC 16: – REPEAT SECTION 15**

**SEC 17: CROSS/SIDE/ BEHIND/ POINT**

1-4 Cross R over L- step L to side – step R behind L – point L toe to side  
5-8 Cross L over R – step R to side- step L behind R- point R toe to side

**SEC 18: - REPEAT SECTION 17**

**SEC 19-22: REPEAT SECTIONS 15- 18**

**SEC 23: - HIP BUMPS**

1-4 Bump hips R-L-R-L

**END OF DANCE**

Restart wall 2: after section 20.

Restart: Wall 4 - Restart dance with sect 9, and dance to the end.

A long script, but dance is easy.

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