

# Stop And Go Shanty

Count: 32

Wall: 4

Level: High Improver

Choreographer: Adrian Churm (UK) - March 2017

Music: Rejected Marvels - Stamp'n Go Shanty



## Sec 1: □ Side rock, recover, triple step crossover, x2

- 1 – 2            Rock right foot to the side, recover onto left.  
3&4            Step right foot across left, step left foot to the side, step right across left.  
5 – 6            Rock left foot to the side, recover onto right.  
7&8            Step left foot across right, step right foot to the side, step left across right.

## Sec 2: □ Side, behind, ¼ turn right into shuffle forward, ½ turn right, close forward, forward

- 1 – 2            Step right foot to the side, step left foot behind right.  
3&4            ¼ turn right, shuffle forwards right left right.  
5 – 6            Step forward left, ½ turn right (weight end on right forward).  
&7 – 8          Step left foot next to right, step forward right, strong step forward left or stomp forward.

## Sec 3: □ Scuff, heel touch forward, right coaster step, rock, recover, left coaster step

- 1 – 2            Scuff right heel forward, touch right heel forward.  
**Restart here during the 8th repetition of the dance (you will be facing 6 o'clock again to start wall 9)**  
3&4            Step right foot back, close left foot to right, step right foot forward.  
5 – 6            Rock forward onto left, recover back onto right.  
7&8            Step left foot back, close right foot next to left, step left foot forward.

## Sec 4: □ heel and toe switches turning ¼ left, close, step forward ¼ turn left, cross rock, recover

- 1&2            Touch right heel forward, step right foot in place, touch left toe next to right heel.  
&3            ¼ turn left stepping left foot forward, touch right toe next to left heel.  
&4            Small step back on right, touch left heel forward.  
&5 – 6          Close left foot next to right, step right foot forward, ¼ turn left (weight ending on left foot).  
7 – 8            Rock right foot across left, recover back onto left foot.

**Note** On wall 3 facing 6 o'clock , wall 6 facing 3 o'clock and wall 12 facing 3 o'clock you will start the dance from counts 3&4 of section 1 after the cross rock recover on counts 7 – 8 in section 4

**Restart** On the 8th repetition of the dance after counts 1 – 2 of section 3

**Optional ending to finish facing the front on the last wall of the dance.**

**on the 12th wall of the dance after counts &5 – 6 of section 4 do the following.**

- 7 – 8            step right foot forward, make a ½ turn left to end the dance facing the front.