

# Country Girl Twerk

**COPPER KNOB**  
STEPSHEETS

**Count:** 32

**Wall:** 4

**Level:** Improver

**Choreographer:** Jamie Marshall (USA) - January 2017

**Music:** Country Girl Twerk - Cypress Spring



## #32 Ct Intro (Dance 3x, Bonus, Dance 3x, Bonus, Dance rest of way)

### A. □ JUMP UP, HOLD, JUMP BACK, HOLD, SAILORS

- &1,2            Jump forward R (&), L (1), (feet apart), Hold (2)
- &3,4            Jump back R (&), L (3), (feet apart), Hold (4)
- 5&6            Cross R behind L (5), Step L to L (&), Step R to R (6)
- 7&8            Cross L behind R (7), Step R to R (&), Step L to L (8)

### B. □ STEP, TWIST, STEP, TWIST, STEP, BEHIND, ¼ TRIPLE

- &1,2            Step R to R, twisting knees to R (&), Touch L next to R (1), Twist knees to L, taking weight (2)
- &3,4&          Step R to R, twisting knees to R (&), Touch L next to R (3), Twist knees to L (4), Switch weight to R (&)
- 5,6            Step L to L (5), Cross R behind L (6)
- 7&8            Turn ¼ L, stepping L forward (7), Step R next to L (&), Step L forward (8)

### C. □ ROCK, RECOVER, R COASTER, STEP, ½ PIVOT, FORWARD TRIPLE

- 1,2            Rock R forward (1), Recover onto L (2)
- 3&4            Step R back (3), Step L next to R (&), Step R forward (4)
- 5,6            Step L forward (5), Pivot ½ R, stepping R in place (6)
- 7&8            Step L forward (7), Step R next to L (&), Step L forward (8)

### D. □ STEP KNEE ROLLS, HIP BUMPS R, BACK, L, CENTER

- 1,2            Touch R toe to R, lifting R hip (1), Roll knee outward to R as press heel to floor, lowering R hip (2)
- 3,4            Touch L toe to L, lifting L hip (3), Roll knee outward to L as press heel to floor, lowering L hip (4)
- 5,6            Bump hips to R (5), Bump hips back (6)
- 7,8            Bump hips to L (7), Bump hips to center (8) (weight on L)

### BONUS – OPTIONAL TWERKING INSTEAD OF C-BUMPS – ¼ JAZZ TRIANGLE

(8 counts danced 4 times (making full circle))

- 1&            Touch R forward, and bump hips R (1), L (&)
- 2&            Touch R back and bump hips R (2), L (&)
- 3&            Touch R forward, and bump hips R (3), L (&)
- 4&            Touch R back and bump hips R (4), L (&)
- 5,6            Cross R over L (5), Step L back (6)
- 7,8            Turn ¼ R, stepping R to R (7), Step L next to R (8)

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