## Shout Out to My Ex - Easy

Count: 32
Wall: 4
Level: Improver / Intermediate
Choreographer: Lu Olsen (AUS) - December 2016
Music: Shout Out to My Ex - Little Mix : (iTunes)
\#4 count intro: Start on vocals $\square$ - Direction:Anti clockwise
[1-8] Touch fwd, touch Side, Hitch, Touch Side, Cross, Side, $1 / 4$ R turn R Coaster,
1, 2 Touch R Toe fwd, Touch R Toe out to Right,

3,4 Hitch R Knee over L, Touch R Toe out to Right,
5, $6 \quad$ Cross $R$ over L, Step $L$ to Left,
7 \& $8 \quad(1 / 4 R$ turn R Coaster) $1 / 4$ Right Step R back, Step L beside R, Step R fwd $\square 3.00$
[9-16] $\square \square F w d$, Lock, L Lock shuffle fwd, Full turn ( or Fwd, Lock), R Lock Shuffle fwd
$1,2,3 \& 4$ Step $L$ fwd, Lock $R$ behind $L$, L lock shuffle fwd stepping $L, R, L$
$5,6 \quad$ Full Left turn fwd stepping R, L, (Option: Step R fwd, Lock L behind R,)
7 \& $8 \quad$ R lock shuffle fwd stepping R, L, R $\square \square \square \square \square \square \square 3.00$
[17-24] Cross, Back, Back, Cross, Back, $1 / 4$ R fwd, $1 / 2$ turning shuffle

| $1,2,3,4$ | (Moving backwards) Cross L over R, Step R back, Step L back, Cross R over L |
| :--- | :--- |
| 5,6 | Step L back, $1 / 4$ Right turn \& step R fwd $\square \square \square \square \square \square \square 6.00$ |
| $7 \& 8$ | $1 / 2$ Right turning shuffle stepping L, R, L $\square \square \square \square \square \square \square 12.00$ |

[25-32] $\square$ Back, Fwd, Kick Ball Cross, Side, Cross, Side, $1 / 4$ Side
1, 2, 3 \& 4 Rock R back, Rock L fwd, Kick R fwd, Step R beside L, Cross L over R,
5, $6 \quad$ Step R to Right, Cross L over R,
$7,8 \quad$ Step R to Right, $1 / 4$ Left turn \& step $L$ to Left $\square \square \square \square \square \square 9.00$
\#8 count TAG: At end of wall 5 (9.00)

| $1,2,3,4$ | (Cross Rocking Chair) R over L, Recover onto L, Rock R to Right, Recover onto L |
| :--- | :--- |
| 5,6 | Step R fwd, $1 / 2 L$ pivot, |
| 7,8 | Step R fwd, $1 / 2 L$ pivot $\square$ Restart dance for wall $6(9.00)$ |

\#4 count TAG: At end of Wall 12 (12.00)
1, 2, 3, 4 (Cross Rocking Chair) R over L, Recover onto L, Rock R to Right, Recover onto L
Restart dance for wall 13 (3.00)
Last Wall: Dance whole 32 counts - at the end of the Last Wall you will be facing 3.00 add...
$1 / 4$ Left turn \& step R to Right - to finish at 12.00

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