

# So Good It Hurts

**COPPER** **KNOB**  
BY STEPHEN

**Count:** 32

**Wall:** 2

**Level:** Improver

**Choreographer:** Daniel Exton (UK) - December 2016

**Music:** I Don't Like, I Love It by Flo Rida (Robin Thicke & Verdine White)



## **S1: Big Step, Slide, Big Step, Slide, Grapevine 1/4 Turn**

- 1, 2 Big Step to the Right, Slide Left foot next to Right
- 3, 4 Big Step to the Left, Slide Right next to Left
- 5, 6 Right foot to Right side, Left foot behind Right
- 7, 8 Right foot forward with 1/4 turn Right, Left foot next to Right

## **S2: Mambo Step, Coaster Step, Charleston Step**

- 1&2 Right foot forward, Left foot next to Right, Right foot back
- 3&4 Left foot back, Right foot next to Left, Left foot forward
- 5, 6 Right foot forward, Sweep Left foot round and Touch in front of Right foot
- 7, 8 Sweep Left foot back, Right foot Touch behind Left and sweep out ready for next step

## **S3: (Rock and 1/2 Turn, Walk, Walk) x2**

- 1&2 Rock forward on Right foot, Recover onto Left, Right foot forward with 1/2 turn Right
- 3, 4 Walk forward Left, Right
- 5&6 Rock forward on Left, Recover onto Right, Left foot forward with 1/2 turn Left
- 7, 8 Walk forward Right, Left

## **S4: Cross and Side, Cross and Side, Monterey 1/4 Turn, Kick Ball Change**

- 1&2 Cross Right over Left, Left foot back, Right foot to Right side
- 3&4 Cross Left over Right, Right foot back, Left foot to Left Side
- 5& Touch Right to Right side, Touch Right next to Left whilst doing a 1/4 turn Right
- 6& Touch Left to Left side, Touch Left next to Right
- 7&8 Kick Right foot forward, Right foot next to Left, Left foot next to Right

**NO TAGS - NO RESTARTS - ENJOY!!!**

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