

# Strong Is The Man

**COPPER** **KNOB**  
STEPSHEETS

Count: 48

Wall: 2

Level: Newcomer - Rise & Fall

Choreographer: Miguel Sastre (ES) - November 2016

Music: Strong Is the Man - The Murphys



## Start on Lyrics or 24 Counts

### S1: Twinkle L , Twinkle ¼ Turn R to R

1,2,3 LF Cross Step Diagonal R , RF Step Side, LF Step Fwd Diagonal L  
4,5,6 RF Cross Step Diagonal L , LF Step Side, RF ¼ turn Step Fwd

### S2: Basic Waltz Fwd & Back

1,2,3 LF Step Fwd , RF Step near LF , LF Step in place  
4,5,6 RF Step Back, LF Step near RF, RF Step in place

### S3: Basic Waltz ½ turn to L , Basic Waltz Back

1,2,3 1/8 turn LF Step Fwd, ¼ turn RF Diagonal Step back, 1/8 turn Lf Step Back  
4,5,6 RF Step Back, LF, Lf Step near RF, RF Step in place

### S4: Step Fwd , Point R , Hold , Step Back , Cross Touch , Hold

1,2,3 LF Step Fwd, RF Point Side, Hold  
4,5,6 RF Step Back, LF Touch Cross Fwd RF, Hold

### S5: Step Fwd , Hich , Kick , Step Back , Point Back Diagonal L , Hold

1,2,3 LF Step Fwd , RF Hich & Kick Diagonal R  
4,5,6 RF Step Back , LF Point Back Diagonal L , Hold

### S6: Step L & R Fwd , ¼ Turn to L , Wave to L

1,2,3 LF Step Fwd , RF Step Fwd , ¼ turn to L With LF Step in place  
4,5,6 RF Cross Step over LF , LF Step Side , RF Behind Step To L

### S7: Step Side To L , Touch , Hold , ½ Step Point to R , Hold

1,2,3 LF Step Side , RF Touch Together LF , Hold  
4,5,6 ¼ turn RF Step Fwd , ¼ turn LF Point Side , Hold

### S8: ½ Step Point to L , Hold , Step Back , Point , Hold

1,2,3 ¼ turn LF Step Fwd , ¼ Turn to RF Point Side, Hold  
4,5,6 RF Step Back Diagonal L , LF Point Back Diagonal , Hold

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