

Forever and Ever, Amen

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Easy Beginner

Choreographer: Sonja Hemmes (USA) - November 2016

Music: Forever and Ever, Amen - Randy Travis : (Album: I Told You So - The Ultimate Hits of Randy Travis)



Start on vocals

This choreography was done to commemorate the Anniversary of David Levenstein and Mindy Cruz

TRIPLE RIGHT, ROCK BACK, RECOVER, TRIPLE LEFT, ROCK BACK, RECOVER

- 1&2 Step right foot to right side, step together with left foot, step right foot to right side
- 3-4 Rock back with ball of left foot, replace weight forward to right foot
- 5&6 Step left foot to left side, step together with right foot, step left foot to left side
- 7-8 Rock back with ball of right foot, replace weight forward to left foot

POINT, CROSS, POINT, CROSS, JAZZ BOX

- 1-2 Touch right toe to right side, step right foot across front of left
- 3-4 Touch left toe to left side, step left foot across front of right
- 5-6 Step right foot forward in front of left, step left foot back
- 7-8 Step right foot to right side, step left foot next to right

POINT, CROSS, POINT, CROSS, ROCKING CHAIR

- 1-2 Touch right toe to right side, step right foot across front of left
- 3-4 Touch left toe to left side, step left foot across front of right
- 5-6 Rock forward on right foot, return weight on left
- 7-8 Rock back on right foot, return weight on left

VINE RIGHT, TOUCH, VINE LEFT TURNING 1/4 LEFT, TOUCH

- 1-2 Step right foot to right side, step left foot behind right
- 3-4 Step right foot to right side, touch left foot next to right
- 5-6 Step left foot to left side, step right foot behind left
- 7-8 Step left foot to left side turning 1/4 left, touch right foot next to left

EASY RESTART: In the 5th rotation, facing the 12 o'clock wall, dance the first 16 counts, then Restart the dance
